

Western Psychiatric Institute and Clinic of UPMC

Psychosomatic Medicine/Consultation-Liaison Psychiatry

Mental Health Conference Planning

University of Pittsburgh School of Medicine

Center for Continuing Education in the Health Sciences

Community Care Behavioral Health Organization

**UPMC Psychosomatic Medicine Conference**

**(MD09)**

**Saturday, April 22, 2017**

**Thomas E. Starzl Biomedical Science Tower South**

**Room S120**

**University of Pittsburgh**

**Pittsburgh, Pennsylvania**

**8:00 AM to 5:00 PM**

**Course Directors:**

Pierre Azzam, MD

Priya Gopalan, MD

Julie Graziane, MD

***Recovery and Wellness: The Journey Starts Here***

**A Joint Effort Sponsored by**

**Community Care Behavioral Health Organization** **and**

**Western Psychiatric Institute and Clinic of UPMC**

**Introduction**

Psychosomatic medicine remains a challenging field. Subspecialty areas in psychosomatic medicine make it more complicated to diagnose, treat, and refer patients with complex medical comorbidities. Providers need to provide best practice comprehensive psychiatric consultation evaluations with thorough consideration of psychiatric, medical, and psychosocial factors. The UPMC Psychosomatic Medicine Conference is a one-day meeting that will highlight local and regional talent in consultation-liaison (CL) psychiatry. Through dynamic speakers and experts in the field, it will provide an update on clinical care and research at the interface of psychiatry and other medical specialties. These will include topics in palliative care, transplantation psychiatry, law and ethics, perinatal psychiatry, and integrated care. The conference will give an up-to-date overview of community resources in addition to research studies in the area of psychosomatic medicine to enable participants to incorporate them into individual practice and discern their applicability to clinical care.

**Who Should Attend:**

Psychiatrists, psychologists and counselors, pharmacologists, physician assistants working in a mental health setting, psychiatric nurse practitioners, psychiatric nurses, social workers, PhDs, and trainees (medical students and resident physicians), other medical providers with an interest in the medical-psychiatric interface.

**Educational Objectives:**

At the conclusion of the program, participants should be able to:

1. Demonstrate an understanding of community practices, local resources/experts, and current research studies related to the area of psychosomatic medicine and through discussion learn how to incorporate these into their clinical practice (both inpatient and outpatient).
2. Through exposure to experts in specialty areas throughout Pittsburgh, utilize innovative and collaborative ways to diagnose, treat, and refer patients with complex medical comorbidities, e.g. Transplantation psychiatry, women’s mental health, HIV psychiatry, Traumatic Brain Injury, palliative care/oncology, perinatal psychiatry).
3. Improve their ability to provide best practice comprehensive psychiatric consultation evaluations with thorough consideration of psychiatric, medical, and psychosocial factors.

**Course Directors:**

**Pierre Azzam, MD**

Assistant Professor of Psychiatry

University of Pittsburgh School of Medicine

Director, Psychosomatic Medicine Fellowship Program

Western Psychiatric Institute and Clinic

**Priya Gopalan, MD**

Assistant Professor of Psychiatry

University of Pittsburgh School of Medicine

Medical Director, Consultation-Liaison Service

Western Psychiatric Institute and Clinic

**Julie Graziane, MD**

Assistant Professor of Psychiatry

University of Pittsburgh School of Medicine

Medical Student Site Director

Psychiatry Consultation-Liaison Service

Western Psychiatric Institute and Clinic

**Faculty:**

**David A. Lewis, MD**

Distinguished Professor of Psychiatry and Neuroscience

Thomas Detre Professor of Academic Psychiatry

Chair, Department of Psychiatry

University of Pittsburgh

**Kenneth C. Nash, MD, MMM**  
Chief of Clinical Services  
Western Psychiatric Institute and Clinic  
Professor and Vice Chair for Clinical Affairs  
Department of Psychiatry  
University of Pittsburgh School of Medicine

**Jody Bryk, MD**

Medical Director

Enhanced Care Program

University of Pittsburgh Medical Center

**Tamar C. Carmel, M.D.**

Assertive Community Treatment Psychiatrist

Family Services of Western PA

**Cathy Crone, MD**

Vice Chair of Psychiatry and Fellowship Director, Inova Fairfax Hospital

Associate Professor, Dept. of Psychiatry, George Washington Univ School of Medicine Fellow, and Former President at the Academy of Psychosomatic Medicine

Clinical Professor, Dept. of Psychiatry, Virginia Commonwealth University School of Medicine

Falls Church, VA

**Dan Elswick, MD**

Clinical Associate Professor

Psychiatry Residency Director

Dept. of Behavioral Medicine and Psychiatry

West Virginia University School of Medicine

Lewisburg, WV

**Morgan Faeder, MD**   
Assistant Professor of Psychiatry  
Western Psychiatric Institute and Clinic  
University of Pittsburgh School of Medicine  
  
**Ronald Glick, MD**Assistant Professor of Psychiatry and Physical Medicine and Rehabilitation  
University of Pittsburgh School of Medicine  
Medical Director of the Center for Integrative Medicine   
UPMC Shadyside

**Carol M. Greco, Ph.D.**

Associate Professor of Psychiatry

Licensed Psychologist, Certified MBSR Instructor

Center for Integrative Medicine

University of Pittsburgh Medical Center

**Karen Hacker, MD, MPH**

Director, Allegheny County Health Department

Pittsburgh, PA

**Susan Jarquin, Ph.D**

Behavioral Medicine Psychologist

UPMC Chronic Pain Division

University of Pittsburgh Medical Center

Pittsburgh, PA

**Heather (Liebherr) Joseph, MD**

Children’s Hospital of Pittsburgh

University of Pittsburgh Medical Center

Pittsburgh, PA

**Darcy Moschenross, MD**

Assistant Professor of Psychiatry

University of Pittsburgh School of Medicine

Pittsburgh, PA

**Roberto Ortiz-Aguayo, MD**

Clinical Director, Behavioral Science Division, Campus Based Services  
Associate Director, Residency Training, Triple Board Program   
Assistant Professor of Psychiatry and Pediatrics, Behavioral Science Divisions

University of Pittsburgh School of Medicine

Pittsburgh, PA

**Justin Schreiber, DO, MPH**

Western Psychiatric Institute and Clinic of UPMC Presbyterian-Shadyside  
Children’s Hospital of Pittsburgh of UPMC  
Assistant Professor of Psychiatry and Pediatrics  
University of Pittsburgh School of Medicine

Pittsburgh, PA

***All individuals in a position to control the content of this education activity are required to disclose all relevant financial relationships with any proprietary entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients.***

***The University of Pittsburgh is an affirmative action,***

***equal opportunity institution.***

**Schedule**

8:00 to 8:30 a.m. **Registration and Refreshments**

8:30 to 8:45 a.m. **Conference Introduction**

*David A. Lewis, M.D.*

8:45 to 9:15 a.m. **Integrated Care Across UPMC**

*Kenneth C. Nash, M.D., M.M.M*

9:15 to 9:30 a.m. **Roadmap**

*Priya Gopalan, M.D.*

9:30 to 10:15 a.m. **Breakout Session A: Innovations in Integrated** **Care**

**A1 Primary Care Services**

*Jody Bryk, MD*

*Darcy Moschenross, MD*

**A2 Mindfulness**

*Carol M. Greco, Ph.D.*

10:15 to 10:30 a.m. **Break**

10:30 a.m. to 11:15 a.m. **Breakout Session B: Special Populations and Healthcare Delivery**

**B1 Pediatrics**

*Heather Joseph, MD*

*Robert Ortiz-Aguayo, MD*

*Justin Schreiber, OD*

**B2 Transgender Care Across the Lifespan**

*Tamar Carmel, MD*

*Morgan Faeder, MD*

11:15 to 11:45 a.m. **Lunch**

11:45 a.m. to 1:15 p.m. **Leadership in Psychosomatic Medicine**

*Cathy Crone, MD*

1:30 to 2:15 p.m. **Breakout Session C: Case Challenges in the Medical-Psychiatry Interface**

**C1 Psycho-Oncology:**

*Dan Elswick, MD*

*Kaleena Chilcote, MD*

**C2 Pain and Psychiatry**

*Susan Jarquin, Ph.D.*

*Ron Glick, MD*

2:15 to 2:30 p.m. **Break**

2:30 to 3:30 p.m. **Trainer Spotlights (Oral Presentations)**

**D1 TBD**

**D2 TBD**

**D3 TBD**

3:30 to 3:45 p.m. **Break**

3:45 to 4:45 p.m. **The Opioid Epidemic**

*Karen Hacker, MD*

4:45 to 5:00 p.m. **Closing Comments**

*Pierre Azzam, M.D.*

*Julie Graziane, M.D.*

5:00 p.m. **Adjournment**

**Continuing Education Credit**

**Physicians**

The University of Pittsburgh School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Pittsburgh School of Medicine designates this live activity for a maximum of 6.5 *AMA PRA Category 1 Credit(s)TM*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Psychologists**

Western Psychiatric Institute and Clinic is approved by the American Psychological Association to offer continuing education for psychologists. Western Psychiatric Institute and Clinic maintains responsibility for this program and its content. This program is being offered for 6.5 continuing education credits.

**Certified Alcohol and Drug Counselors/Certified Co-Occurring Disorders Professionals: CADC/CCDP**

The Office of Education and Regional Programming, Western Psychiatric Institute and Clinic is certified by the Pennsylvania Certification Board (PCB) to provide Certified Alcohol and Drug Counselor (CADC) and Certified Co-occurring Disorders Professional (CCDP) continuing education credits. This program is being offered for 6.5 continuing education credits.

**Counselors**

Western Psychiatric Institute and Clinic has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5059.  Programs that do not qualify for NBCC credit are clearly identified.  Western Psychiatric Institute and Clinic is solely responsible for all aspects of this program.  This program is being offered for 6.5 continuing education hours.

**Licensed/Clinical Social Workers, Licensed Professional Counselors, Licensed Marriage and Family Therapists: LSW/LCSW/LPC/LMFT**

This program is offered for 6.5 hours of social work continuing education through co-sponsorship of the University of Pittsburgh’s School of Social Work, a Council on Social Work Education-accredited school and, therefore, a PA pre-approved provider of social work continuing education. These credit hours satisfy requirements for LSW/LCSW, LPC and LMFT biennial license renewal. For information on social work continuing education call (412) 624-3711.

**Other Healthcare Professionals**

Nurses and other health care professionals are awarded 0.65 Continuing Education Units (CEU's). One CEU is equal to 10 contact hours. ***Nurses:*** For attending this program you will receive a Certificate of Attendance confirming 6.5 hours of continuing education. These hours may be considered eligible for completing the 30 hours of continuing education required for biannual nursing re-licensure in Pennsylvania. ***Peer Specialists:*** This program fulfills requirements for Certified Peer Specialist continuing education.

**Registration Information**

Fee Schedule (Please circle the appropriate fee)

**Before 3/22/17 After 3/22/17**

Physicians $150 $175

Professionals $125 $150

Online registration: Please use discount code: **psychosomatic.prof** and click on **Apply to Total**

UPMC Affiliated Physicians $100 $125

Online registration: Please use discount code: **psychosomatic.UPMCMD** and click on **Apply to Total**

UPMC Affiliated Professionals $75 $100

Online registration: Please use discount code: **psychosomatic.employ** and click on **Apply to Total**

Residents $40 $65

Online registration: Please use discount code: **psychosomatic.resident** and click on **Apply to Total**

Medical Students Fee Waived Fee Waived

Online Registration: Please use discount code: **psychosomatic.student** and click on **Apply to Total**

**Tuition includes:**

\* All registration and conference materials

\* Refreshments and Lunch

\* Continuing Education Credits and Continuing Medical Education Credits

**Instructions for registering at** [**http://bit.ly/2jG33OU**](http://bit.ly/2jG33OU)**.**

1.  Click on ‘Register Now’ (small box at bottom of page)

2.  If Psychosomatic Medicine Conference 2017 appears under ‘Shopping Cart’, click on ‘Checkout’ (think of this as ‘continue’).  
  
3.  Register as a new registrant, or sign in if you already have an account (username is your e-mail).  
  
4.  When the conference name appears again, click on ‘Checkout’ (again, think of this as ‘continue’)  
  
5.  Continuing Education Credit – Please use dropdown list for credential or choose Not Applicable (you must complete this). Click on ‘continue’.  
  
6.  **Enter your promotional code if applicable (please see above). Click on ‘Apply to Total’!**7.  Add credit card information if applicable, and click on ‘Process Payment’.   
  
8.  Complete Transaction and print your receipt.

**Full tuition must accompany the form.** A $25 administrative fee will be deducted from all refunds for

cancellations. No refunds can be issued once the program has begun. Please return the registration form

and tuition by **March 22, 2017 t**o take advantage of the lowest tuition rate.

**Only registration and credit card payments can be made at:** [**http://bit.ly/2jG33OU**](http://bit.ly/2jG33OU)

Please send your check (payable to OERP/WPIC) or UPMC Account Transfer information with the registration form below to:

**Nancy Mundy**

OERP/WPIC

Champion Commons Building, Room 322

3811 O'Hara Street

Pittsburgh, PA 15213

Telephone: 412-204-9090

FAX: 412-204-9110

E-MAIL: mundynl@upmc.edu

www.wpic.pitt.edu/oerp



*We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us better serve you. Please notify us of your needs at least* ***two*** *weeks in advance of the program by calling Nancy Mundy at 412-204-9090.*

**Registration Form**

**Psychosomatic Medicine Conference**

**Saturday, April 22, 2017 (MD09)**

*Please type or print clearly; photocopy for additional registrants.*

**Register by March 22, 2017 for lowest tuition rate.**

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| Social Security Number (Last five digits only): | | | | | | | | | \_\_\_\_ -- \_\_\_\_ \_\_\_\_ \_\_\_\_ \_\_\_\_ | | | |
| First Name: | | |  | | | | | | Last Name: | | |  |
| Degree(s) to be noted on name badge (*e.g. MD, PhD)* | | | | | | | | | | |  | |
| Institutional Affiliation: | | | | | |  | | | | | | |
| Address: | | | |  | | | | | | | | |
| Address 2: | | | |  | | | | | | | | |
| City: |  | | | | | | State: |  | Zip |  | | |
| County: | |  | | | | | | | | | | |
| Day Telephone: | | | | |  | | | | | | | |
| E-Mail Address: | | | | |  | | | | | | | |
| **For Continuing Education purposes, please check if you are:**  □ CADC/CCDP □ NBCC Counselor □ Nurse □ Psychologist  □ Physician/MD □ Social Worker (LSW/LCSW/LPC/LMFT) □ Certified Peer Specialist | | | | | | | | | | | | |

**Please indicate which workshops you plan to attend** *(Please circle):*

***Breakout Session A:* A1 A2**

***Breakout Session B:* B1 B2**

***Breakout Session C:* C1 C2**

***Breakout Session D:* D1 D2 D3**

|  |
| --- |
| **Method of Payment:**  **Tuition amount $\_\_\_\_\_\_\_\_\_\_\_\_\_\_**  □ **Check** (*Payable to OERP/WPIC*) Check#\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  □ **UPMC Account Transfers** Business Unit \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Account # \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Administrator Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Administrator Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  **Credit card payments** and registration can be completed at [**http://bit.ly/2jG33OU**](http://bit.ly/2jG33OU). |

**Only** registration and credit card payments can be processed online (see above). All other registrations and payments (check or UPMC Account Transfer) must be sent in with this form to:

# Attn: Nancy Mundy

OERP/WPIC

Champion Commons Building, Room 322

3811 O’Hara Street

Pittsburgh, Pa 15213

Telephone: 412-204-9090

E-MAIL: mundynl@upmc.edu

www.wpic.pitt.edu/oerp

Fax: 412-204-9110

**Location:**

Thomas E. Starzl Biomedical Science Tower South

Room S120

University of Pittsburgh

200 Lothrop Street

Pittsburgh, PA 15213

**Directions:**

**Thomas E. Starzl Biomedical Science Tower South**

**200 Lothrop St., Pittsburgh, PA 15213**

**Via the PA Turnpike and Interstate 376:** Take exit 57, Pittsburgh/Monroeville, to Interstate 376 West. Follow the interstate to Exit 7A, Oakland (Bates Street). Follow Bates Street to the first stoplight. Take a left onto the Boulevard of the Allies. At the first stoplight, take a right onto Halket Street. Follow Halket to the next stoplight, and take a right on to Forbes Avenue. Follow Forbes to Atwood Street; turn left onto Atwood. Follow Atwood to the next stoplight (Fifth Ave.) and turn left, then immediately get into the far right lane. Turn right onto Lothrop Street. Near the top of the hill there are signs for Presbyterian Hospital Garage on the left. This garage is open for public use. Take the elevators to level “D.” The elevators will open into the Biomedical Science Tower Lobby and the room is off the lobby.

**Via Interstates 79/279 from the North:** Take Interstate 79 south to Interstate 279 south (two miles south of Wexford/Route 910). Near downtown, take exit 8A to Interstate 579, and follow signs to Interstate 376 east via the Boulevard of the Allies. Take Forbes Avenue/Oakland exit left; do not continue on Interstate 376 east. Bear right onto the Forbes Avenue access ramp, and follow Forbes to Atwood Street; turn left onto Atwood Street. Follow Atwood to the next stoplight (Fifth Ave.) and turn left, then immediately get into the far right lane. Turn right onto Lothrop Street. Near the top of the hill there are signs for Presby Garage on the left. This garage is open for public use. Take the elevators to level “D.” The elevators will open into the Biomedical Science Tower Lobby and the room is off the lobby.

**Via Interstates 79/279 from the South:** Take Interstate 79 north to Exit 59A. Take Interstate 279 North, following signs to Interstate 376 east. Take 376 east and exit at Forbes Avenue/Oakland (Exit 5). Follow Forbes to Atwood Street. Turn left onto Atwood Street. Follow Atwood to the next stoplight (Fifth Ave.) and turn left, then immediately get into the far right lane. Turn right onto Lothrop Street. Near the top of the hill there are signs for Presby Garage on the left. This garage is open for public use. Take the elevators to level “D.” The elevators will open into the Biomedical Science Tower Lobby and the room is off the lobby.