

EDUCATION AND CONSULTATIVE SERVICES

of UPMC Western Psychiatric Hospital

UPMC | WESTERN PSYCHIATRIC
HOSPITAL

UPMC Children's Hospital of Pittsburgh-Community Based Services
University of Pittsburgh School of Medicine
Center for Continuing Education in the Health Sciences

Children's Telephonic Psychiatric Consultation Service (TiPS)

Behavioral Health and Pediatric Primary Care Conference (MD87)



**Friday, April 9, 2021
8:00 AM to 4:30 PM**

Zoom Live Stream Event

**Course Director
Abigail Schlesinger, MD**

Behavioral Health and Pediatric Primary Care



Introduction

UPMC Children's Hospital of Pittsburgh's primary care network, Children's Community Pediatrics (CCP), has been selected by Pennsylvania state officials to take part in a new program to improve behavioral health treatment for children in the state.

TiPS is a program designed to increase the availability of peer-to-peer child psychiatry consultation teams to primary care clinicians (PCCs) who are prescribers of psychotropic medications for children insured by Pennsylvania's Medical Assistance programs, Children's Health Insurance Program (CHIP), and UPMC commercial insurance. The program aims to provide real time resources to clinicians who desire consultative advice for children with behavioral health concerns.

This conference is to help PCCs understand the TiPS program and how to use it. Learning goals are directly related to behavioral health intervention, the use of psychotropic medication, and other pediatric psychiatry related topics.

Who Should Attend

Pediatric Primary Care Physicians, Family Practice Physicians, and Advanced Practice Providers (PA, DNP, CRNP) who practice in the northwestern, and northern southwestern PA counties. If you have any questions, please contact Colleen Gianneski at 724.933.3912, ext. 272.

There is no charge to attend this conference, however registration is required.

Learning Objectives

At the completion of the program, participants will be able to:

1. Discuss how to utilize Children's TiPS for psychiatric consultant
2. Describe at least one non-pharmacologic behavioral health intervention that can be used in primary care
3. Practice cross titrating stimulant medications
4. Recognize the importance of the behavioral health differential diagnosis when prescribing medications for depression/anxiety
5. Describe a method to deploy components of their behavioral health "toolbox"
6. Understand the importance of follow-up for behavioral health interventions provided in primary care when a child/adolescent is starting, taking, or discontinuing medication for depression/anxiety
7. Review the impact of the worldwide pandemic on behavioral health of youth and families

Course Director

Abigail Schlesinger, MD

Medical Director, Children's TiPS
Medical Director Ambulatory Integrated Behavioral Health Services
Associate Chief, Ambulatory Child and Adolescent Psychiatry Service Line
UPMC Western Psychiatric Hospital
Chief, Behavioral Science Division UPMC Children's Hospital of Pittsburgh
Associate Professor University of Pittsburgh School of Medicine
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Faculty

Craig Coleman, MD

Behavioral Science Division
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Program Director, Children's TiPS
Behavioral Health Therapist, Children's TiPS and Child and Family Counseling Center
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Conference Committee Chair*

For additional information regarding the presenters and/or presentations, please contact Doreen Barkowitz at barkowitzdh@upmc.edu.

Agenda

8:00 to 8:15 a.m.	<i>Sign into Meeting</i>
8:15 to 8:30 a.m.	<i>Introduction to TiPS</i> <i>Abigail Schlesinger, MD</i>
8:30 to 9:30 a.m.	<i>Brief Behavioral Health Interventions for Primary Care Providers</i> <i>Abigail Schlesinger, MD and Colleen Gianneski LCSW</i> <i>Several small breakout rooms (no moderator)</i>
9:30 to 9:40 a.m.	<i>Break</i>
9:40 to 10:40 a.m.	<i>Internalizing Disorders I, II, or III Break Outs</i>
10:40 to 10:50 a.m.	<i>Break</i>
10:50 to 11:50 a.m.	<i>Internalizing Disorders I, II, or III Break Outs</i>
11:50 – 1:00 p.m.	<i>Lunch</i>
1:00 – 2:00 p.m.	<i>ADHD Medications</i> <i>Rebecca Miller, MD</i> <i>Several small breakout rooms (no moderator)</i>
2:00 – 2:10 p. m.	<i>Break</i>
2:10 – 3:10 p.m.	<i>Internalizing Disorders I, II, or II Break Outs</i>
3:10 – 3:20 p.m.	<i>Break</i>
3:20 – 4:20p.m.	<i>COVID</i> <i>Justin Schreiber, DO</i>
4:20 – 4:30 p.m.	<i>Closing Remarks</i> <i>Abigail Schlesinger, MD</i>

Please be prepared to turn your camera and microphone on for breakout sessions.

Continuing Education Credits

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physician (CME)

The University of Pittsburgh designates this live activity for a maximum of 6.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other Healthcare Professionals

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

Psychologists

As a Jointly Accredited Organization, University of Pittsburgh is approved to offer psychology continuing education by the American Psychological Association. University of Pittsburgh maintains responsibility for this course. Psychologists completing this course receive 6.0 continuing education credits.



Certified Alcohol and Drug Counselors/Certified Co-Occurring Disorders Professionals: CADC/CCDP

Education and Consultative Services of UPMC Western Psychiatric Hospital is certified by the Pennsylvania Certification Board (PCB) to provide Certified Alcohol and Drug Counselor (CADC) and Certified Co-occurring Disorders Professional (CCDP) continuing education credits. This program is being offered for 6.0 continuing education credits.

Counselors



Education and Consultative Services of UPMC Western Psychiatric Hospital has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5059. Programs that do not qualify for NBCC credit are clearly identified. Education and Consultative Services of UPMC Western Psychiatric Hospital is solely responsible for all aspects of this program. This program is being offered for 6.0 continuing education hours.

Licensed/Clinical Social Workers, Licensed Professional Counselors, Licensed Marriage and Family Therapists: LSW/LCSW/LPC/LMFT

As a Jointly Accredited Organization, University of Pittsburgh is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. University of Pittsburgh maintains responsibility for this course. Social workers completing this course receive 6.0 continuing education credits.

Other Healthcare Professionals

Nurses and other health care professionals are awarded .60 Continuing Education Units (CEU's). One CEU is equal to 10 contact hours. **Nurses:** For attending this program you will receive a Certificate of Attendance confirming .60 hours of continuing education. These hours may be considered eligible for completing the 30 hours of continuing education required for biannual nursing re-licensure in Pennsylvania. **Peer Specialists:** This program fulfills requirements for Certified Peer Specialist continuing education.

- *Continuing education credits will be reduced if the participant chooses to leave before the end of the event.*
- *NBCC, CADC/CCDC, and General CEU – Upon completion of the evaluation and continuing education application,*

participants will be awarded a continuing education contact hour(s) certificate four to six weeks post-conference via e-mail. Please keep these certificates in a safe place. Replacements will cost \$30.

- *APA and LSW/LCSW/LPC/LMFT certificates will be issued upon completion of the evaluation on the CCEHS registration site.*

Registration

If you don't have an account at UPMC Center for Continuing Education in the Health Sciences, please go to <https://cce.upmc.com/> and create one. If you do have an account, you can go directly to <http://cce.upmc.com/behavioral-health-and-pediatric-primary-care-tips> to log in and register.

1. After logging in, click on "catalog" to locate the course. Search for Behavioral Health and Pediatric Primary Care.
2. After reviewing the event information, please click on the "register" tab.
3. No payment is required for this program.

The evaluation will be available on April 9, 2021 at 5:00 PM. If you attend the program, directions are as follows:
Go to <http://cce.upmc.com>

1. Go to My Account
2. My Courses
3. Pending Activities should be highlighted in purple
4. Click on the program title
5. Click on the purple box (Register/Complete Course)
6. Click on the circle next to "Complete Course Evaluation: Behavioral Health and Pediatric Primary Care"
7. Take the evaluation
8. That should allow you to click on "credit" when done, and then "certificate" after that.

- The program and certificate will remain in your transcript folder should you need to refer to it in the future.
- ASWB is the Association of Social Work Boards and is an accepted accrediting body.



*We encourage participation by all individuals. If you have a disability or require special accommodations, advance notification of any special needs will help us better serve you. Please notify us of your needs at least **two** weeks in advance of the program by calling Nancy Mundy at 412-204-9090.*