India Comes to the Veterans Administration: The Impact of Global Mental Health Research on Veterans’ Care

Venue: Learning Exchange, Building 29, 4100 Allequippa St (University Drive C)
Pittsburgh PA 15240

June 3-4, 2024

(Hybrid meeting: see url for Webex invitation at the end of this file)

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<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker</th>
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<tr>
<td>8:45 – 9:30</td>
<td>Welcome Session</td>
<td>Vishwajit Nimgaonkar, MD, PhD</td>
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<td>Donald Koenig JD</td>
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<td>Ali Sonel, MD, FACP, FACC</td>
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<td>Anantha Shekhar, MD, PhD</td>
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<td>David Lewis, MD</td>
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<td>Walid Gellad, MD, MPH</td>
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<td>Ashoo Grover, MD</td>
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<td>Smita Deshpande, MD, DPM</td>
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<td>9:30-10:15</td>
<td>Break</td>
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<td>10:15– 12:15</td>
<td>Behavioural Interventions in depression</td>
<td>Johnson Pradeep, MD - Effectiveness of Mindfulness Therapy in Improving Clinical Outcomes of People with Depression and Type II Diabetes Mellitus - Lessons from DIAMAND RCT</td>
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<td>Ramdas Ransing, MBBS, MD &amp; Prerna Kukrety, MD - Manualized Brief Nursing Intervention for Depression in Pregnancy</td>
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<td>Heather Joseph (Liebherr), DO - Postpartum Depression Among Parents with ADHD: Initial Development of a Perinatal ADHD Intervention</td>
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<td>Brittney Schirda, Psy.D. - Management of mild to moderate depression in VA Pittsburgh Healthcare System (VAPHS) Primary Care Clinics</td>
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<td>Open Discussion</td>
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<td>12:15-1:00</td>
<td>Lunch / Poster session</td>
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<td>1:00 – 3:20</td>
<td>Alcohol Use, Life Skills Training, Resilience</td>
<td>Vaibhav Gharat, PhD, - Survey of alcohol use in 3 tribal areas of India, life skills for tribal youth</td>
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<td>Varadharajan (Vardhu) Sreenivasan MSc- “One All” to get it for Resilient Young Tribal adults (RYT): A Multi centric, participatory, feasibility and effectiveness study</td>
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<td>Sarah Pedersen, PhD - Native Americans and DEI Issues Influences of inequities in alcohol-related problems</td>
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<td>Antoine Douaihy, MD - Double Trouble: Management of Alcohol and Co-occurring Psychiatric Disorders</td>
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<td>Susan Jefferson, Psy.D. - Evidence-Based Interventions for Alcohol Use Disorders</td>
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<td>Jin Cheng, MD – Medication assisted treatments at VA Pittsburgh</td>
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<td>3:20 – 3:40</td>
<td>Break</td>
<td>Matt Chinman, PhD - The Consolidated Framework For Implementation Research (CFIR)</td>
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<td>3:40 – 5:00</td>
<td>Implementation Science</td>
<td>Ashoo Grover, MD Dynamics of Implementation Research- Govt. of India Perspective</td>
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<td>Open Discussion</td>
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<td>5:00 - 5:30</td>
<td>Closing Remarks – Day 1</td>
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Dinner 7-9 PM. (by invitation). William Pitt Union Ballroom, Fifth and Bigelow Ave, University of Pittsburgh Oakland Campus

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<td>8.30-10:30</td>
<td>Special Topics in Psychiatry</td>
<td>Aadil Bashir, PhD - Community survey for mental health issues in Kashmir</td>
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<td>Satabdi Chakraborty, PhD - Indian Autism Screening Questionnaire- development and testing in diverse Indian community settings</td>
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<td>Marci Gaither, PhD, ABSMIP, BICBT-CC – No One Left Behind: Cognitive Behavioral Therapy for Psychosis</td>
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<td>Kristine Wilckens, PhD - Behavioral Sleep Interventions to Improve Cognitive functions</td>
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<td>Deepak Sarpal, MD - TMS and the Schizophrenia Spectrum: Existing Evidence and Ongoing Research</td>
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<td>Time</td>
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<td>10:30 – 10:45</td>
<td>Open Discussion</td>
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| 10:45 – 12:45    | Exercise / Yoga and Mental Health | **Swathi Gujral, PhD** - Exercise-based treatment for cognitive improvement in the elderly  
|                  | Chairs: Daniel Forman, MD, FAHA, FACC, Ravinder Singh, MBBS MCH, PhD | **Smita Desphande, MD, DPM** - Manualised yoga & and meditation for cognitive change for people diagnosed with severe mental illness  
|                  |                                   | **Dana Rofey, PhD** - eSHANTI: Randomized controlled trial of Yoga training among outpatient Veterans diagnosed with Severe Mental Illnesses.  
|                  |                                   | **Daniel Forman, MD, FAHA, FACC** - Relevance of frailty in the assessments of older adults: Perspective of a cardiologist.  
| 12:45-1:30       | Lunch / Poster session            | **R.P. Beniwal, PhD**  
|                  |                                   | Priya Sreedaran, MBBS, DNB - RCT, Adult prevention by phone contact, manualized  
|                  |                                   | **Raghabendra Nayak, PhD** - Case control comparison of farmers who completed suicide and comparable controls  
|                  |                                   | **Cesar Escobar Vierra, MD, PhD** - Perceptions of teens and caregivers on SMILEY, an automated depression and suicide prevention intervention for online victimized, at-risk youth: A qualitative study in pediatric primary care settings  
| 1:30 – 3:10      | Suicide Prevention – session 1    | **Gretchen Haas, PhD** - Interventions for prevention of suicide among Veterans  
|                  | Chairs: David Brent, MD Gretchen Haas, PhD |                                                                              |
| 3:10 – 3:30      | Break                             |                                                                              |
| 3:30-5:00        | Suicide Prevention – session 2    | **Nadine Melhem, PhD** - Identifying Biological Markers for Suicidal Behavior in Youth  
|                  | Chairs: David Brent, MD Gretchen Haas, PhD | **Kaitlin Szanto, MD** - Is the current concept of risk effective in suicide prevention? Understanding effects of age and age of onset of suicidal behavior  
|                  |                                   | **Nicole Gallagher, MSW, LISW-S** - Caring contacts and communication to reduce risk of suicide among Veterans at VA Pittsburgh Healthcare System.  
| 5:00 – 5:30      | Closing Remarks                   |                                                                              |
AFFILIATIONS (listed by session):

**JUNE 3, 2024**

**Vishwajit L Nimgaonkar, MD PhD**
Associate Chief of Staff & Vice-President, Behavioral Health Service Line
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VAPHS EBP Co-Coordinator  
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**JUNE 4, 2024**

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Fellow, American Psychological Association (Division 18)

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Secondary faculty in Cognitive Psychology  
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Director of Research, Whole Health, VA Pittsburgh Healthcare System
Director, Cardiac Rehabilitation, Gerofit, and VA Coordinated Transitional Care (C-TraC), VA Pittsburgh Healthcare System
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National Social Work National Emergency Tiger Team- Pandemic Team  
VA Pittsburgh Healthcare System

Webex Link for the symposium:  
https://veteransaffairs.webex.com/veteransaffairs/j.php?MTID=m623b51ca7a625770381d04286632a3d3