



India Comes to the Veterans Administration: The Impact of Global Mental Health Research on Veterans' Care

Venue: Learning Exchange, Building 29, 4100 Allequippa St (University Drive C)
Pittsburgh PA 15240

June 3-4, 2024

(Hybrid meeting: see url for Webex invitation at the end of this file)

June 3rd, 2024 - Monday		
Time	Topic	Speaker
8:45 – 9:30	Welcome Session	Vishwajit Nimgaonkar, MD, PhD Donald Koenig JD Ali Sonel, MD, FACP, FACC Anantha Shekhar, MD, PhD David Lewis, MD Walid Gellad, MD, MPH Ashoo Grover, MD Smita Deshpande, MD, DPM
9:30-10:15	Break	
10:15– 12:15	Behavioural Interventions in depression Chairs: Neal Ryan, MD / Priya Gopalan, MD	Johnson Pradeep, MD - Effectiveness of Mindfulness Therapy in Improving Clinical Outcomes of People with Depression and Type II Diabetes Mellitus - Lessons from DIAMAND RCT Ramdas Ransing, MBBS, MD & Prerna Kukreti, MD - Manualized Brief Nursing Intervention for Depression in Pregnancy Heather Joseph (Liebherr), DO - Postpartum Depression Among Parents with ADHD: Initial Development of a Perinatal ADHD Intervention Brittney Schirda, Psy.D. - Management of mild to moderate depression in VA Pittsburgh Healthcare System (VAPHS) Primary Care Clinics Open Discussion
12:15-1:00	Lunch / Poster session	

1:00 – 3:20	<p>Alcohol Use, Life Skills Training, Resilience</p> <p>Chairs: Brooke Molina, PhD Margaret McDonald, PhD, MFA</p>	<p>Vaibhav Gharat, PhD, - Survey of alcohol use in 3 tribal areas of India, life skills for tribal youth</p> <p>Varadharajan (Vardhu) Sreenivasan MSc- “One All” to get it for Resilient Young Tribal adults (RYT): A Multi centric, participatory, feasibility and effectiveness study</p> <p>Sarah Pedersen, PhD - Native Americans and DEI Issues Influences of inequities in alcohol-related problems</p> <p>Antoine Douaihy, MD - Double Trouble: Management of Alcohol and Co-occurring Psychiatric Disorders</p> <p>Susan Jefferson, Psy.D. - Evidence-Based Interventions for Alcohol Use Disorders</p> <p>Jin Cheng, MD – Medication assisted treatments at VA Pittsburgh</p> <p>Open Discussion</p>
3:20 – 3:40	Break	
3:40 – 5:00	<p>Implementation Science</p> <p>Chairs: Mary Hawk, DrPH, LSW Ashoo Grover, MD</p>	<p>Matt Chinman, PhD - The Consolidated Framework For Implementation Research (CFIR)</p> <p>Ashoo Grover, MD Dynamics of Implementation Research- Govt. of India Perspective</p> <p>Open Discussion</p>
5:00 - 5:30	Closing Remarks – Day 1	

Dinner 7-9 PM. (by invitation). William Pitt Union Ballroom, Fifth and Bigelow Ave, University of Pittsburgh Oakland Campus

June 4th, 2024 - Tuesday		
Time	Topic	Speaker
8.30-10:30	<p>Special Topics in Psychiatry</p> <p>Chairs: Margaret McDonald, PhD, MFA Alyssa Ford, PhD</p>	<p>Aadil Bashir, PhD - Community survey for mental health issues in Kashmir</p> <p>Satabdi Chakraborty, PhD - Indian Autism Screening Questionnaire- development and testing in diverse Indian community settings</p> <p>Marci Gaither, PhD, ABSMIP, BICBT-CC – No One Left Behind: Cognitive Behavioral Therapy for Psychosis</p> <p>Kristine Wilckens, PhD - Behavioral Sleep Interventions to Improve Cognitive functions</p> <p>Deepak Sarpal, MD - TMS and the Schizophrenia Spectrum: Existing Evidence and Ongoing Research</p>

		Open Discussion
10:30 – 10:45	Break	
10:45 – 12:45	Exercise / Yoga and Mental Health Chairs: Daniel Forman, MD, FAHA, FACC Ravinder Singh, MBBS MCH, PhD	Swathi Gujral, PhD - Exercise-based treatment for cognitive improvement in the elderly Smita Desphande, MD, DPM - Manualised yoga & and meditation for cognitive change for people diagnosed with severe mental illness Dana Rofey, PhD - eSHANTI: Randomized controlled trial of Yoga training among outpatient Veterans diagnosed with Severe Mental Illnesses. Daniel Forman, MD, FAHA, FACC - Relevance of frailty in the assessments of older adults: Perspective of a cardiologist. Open Discussion
12:45-1:30	Lunch / Poster session	
1:30 – 3:10	Suicide Prevention – session 1 Chairs: David Brent, MD Gretchen Haas, PhD	R.P. Beniwal, PhD Priya Sreedaran, MBBS, DNB - RCT, Adult prevention by phone contact, manualized Raghavendra Nayak, PhD - Case control comparison of farmers who completed suicide and comparable controls Cesar Escobar Vierra, MD, PhD - Perceptions of teens and caregivers on SMILEY, an automated depression and suicide prevention intervention for online victimized, at-risk youth: A qualitative study in pediatric primary care settings Gretchen Haas, PhD - Interventions for prevention of suicide among Veterans
3:10 – 3:30	Break	
3:30-5:00	Suicide Prevention – session 2 Chairs: David Brent, MD Gretchen Haas, PhD	Nadine Melhem, PhD - Identifying Biological Markers for Suicidal Behavior in Youth Kaitlin Szanto, MD - Is the current concept of risk effective in suicide prevention? Understanding effects of age and age of onset of suicidal behavior Nicole Gallagher, MSW, LISW-S - Caring contacts and communication to reduce risk of suicide among Veterans at VA Pittsburgh Healthcare System. Open Discussion
5:00 – 5:30	Closing Remarks	

Speaker affiliations and Webex link

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Webex Link for the symposium:

<https://veteransaffairs.webex.com/veteransaffairs/j.php?MTID=m623b51ca7a625770381d04286632a3d3>