



Western Psychiatric Institute and Clinic of UPMC
Department of Psychiatry
Office of Educational Resources and Planning

University of Pittsburgh School of Medicine
Center for Continuing Education in the Health Sciences

Community Care Behavioral Health

“8th Annual Behavioral Health and Aging Conference: Addiction and Mental Health in Late Life”

(MD28)

September 6, 2018
Passavant Hospital Foundation Conference Center
Allison Park, PA

8:00 AM to 4:40 PM

Course Directors

LalithKumar K. Solai, MD

Service Chief & Medical Director, Geriatric Psychiatry Service
Medical Director, Center for Interventional Psychiatry
Medical Director, Patient Safety
Western Psychiatric Institute and Clinic
University of Pittsburgh Medical Center
Associate Professor of Psychiatry
University of Pittsburgh School of Medicine
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Ellen Whyte, MD

Medical Director, Psychiatric Services
UPMC Benedum Geriatric Center
Medical Director, Integrated Behavioral Health – Primary Care
University of Pittsburgh Medical Center

Recovery and Wellness: The Journey Starts Here

**A Joint Effort Sponsored by Community Care Behavioral Health Organization and
Western Psychiatric Institute and Clinic of UPMC**

“8th Annual Behavioral Health and Aging Conference: Addiction and Mental Health in Late Life”

Passavant Hospital Foundation Conference Center
700 Cumberland Woods Dr., Allison Park, PA 15101
Thursday, September 6, 2018

Program Description

This conference will provide an overview of addictive disorder in late life with a specific focus on opioid misuse and addiction. In addition, we will address common co-travelers in late life addiction – depression, anxiety, suicidality and chronic pain. This program is designed for all providers serving the aging population.

Educational Objectives

At the completion of this program participants should be able to:

1. Conceptualize addictive disorder especially as related to opioid misuse.
2. Describe key differences in the treatment of addictive disorders in older vs. midlife patients.
3. Describe novel treatment approaches to late life depression and anxiety.

Target Audience

Providers working with older adults including physicians, nurses, front-line staff, case managers/service coordinators, therapists and clinicians. Family and caregivers are welcome to attend.

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Assistant Professor of Psychiatry
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Faculty

Carmen Andreescu, MD

Associate Professor of Psychiatry
University of Pittsburgh School of Medicine
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Alexandre Y. Dombrovski, MD

Associate Professor of Psychiatry
University of Pittsburgh School of Medicine
Director, Decision Neuroscience and Psychopathology Lab
Western Psychiatric Institute and Clinic of UPMC
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Antoine B. Douaihy, MD

Professor of Psychiatry and Medicine
University of Pittsburgh School of Medicine
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Susan E. Jarquin, PhD

Psychologist II
Pain Rehabilitation Coordinator
University of Pittsburgh Medical Center, Division of Pain Medicine
Pittsburgh, PA

Jordan F. Karp, MD

Associate Professor of Psychiatry, Anesthesiology, and Clinical and Translational Science
University of Pittsburgh School of Medicine
Director, UPMC Fellowship in Geriatric Psychiatry
University of Pittsburgh Medical Center
Pittsburgh, PA

Dave W. Oslin, MD

Professor of Psychiatry
Staff Physician, Philadelphia Veterans Administration Medical Center, Philadelphia, PA
Director, VISN 4 Mental Illness, Research, Education and Clinical Center (MIRECC), Philadelphia Veterans Administration Medical Center, Philadelphia, PA
Chief of Behavioral Health, Philadelphia VA Medical Center
Philadelphia, PA

Schedule

8:00 – 8:45 a.m.	Continental Breakfast and Registration
8:45 – 9:00 a.m.	Welcome Remarks <i>LalithKumar K. Solai, MD</i>
9:00 – 10:00 a.m.	Overview of Addictive Disorders <i>Antoine B. Douaihy, MD</i>
10:00 – 11:00 a.m.	Unique Aspects of Addictive Disorders in Late Life <i>Dave W. Oslin, MD</i>
11:00 – 11:15 a.m.	Break (questions collected)
11:15 a.m.– 12:15 p.m.	Psychological Aspects of Pain <i>Susan E. Jarquin, PhD</i>
12:15 – 12:30 a.m.	Q&A – Panel of Presenters <i>Moderated by Ellen M. Whyte, MD</i>
12:30 to 1:15 p.m.	Lunch (provided)
1:15 – 2:15 p.m.	Late Life Suicide <i>Alexandre Y. Dombrovski, MD</i>
2:15 – 3:15 p.m.	Late Life Anxiety <i>Carmen Andreescu, MD</i>
3:15 – 3:25 p.m.	Break (questions collected)
3:25 – 4:25 p.m.	Late Life Depression <i>Jordan F. Karp, MD</i>
4:25– 4:40 p.m.	Q&A – Panel of Presenters <i>Moderated by LalithKumar K. Solai, MD</i>
4:40 p.m.	Adjourn

Continuing Education Credits

Physicians

The University of Pittsburgh School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Pittsburgh School of Medicine designates this live activity for a maximum of 6.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physician Assistants

This activity is approved for 6.75 AAPA Category 1 Credits. PAs should only claim credit commensurate with the extent of their participation.

Psychologists

Western Psychiatric Institute and Clinic is approved by the American Psychological Association to offer continuing education for psychologists. Western Psychiatric Institute and Clinic maintains responsibility for this program and its content. This program is being offered for 6.75 continuing education credits.

Certified Alcohol and Drug Counselors/Certified Co-Occurring Disorders Professionals: CADC/CCDP

Western Psychiatric Institute and Clinic, Office of Education and Regional Programming is certified by the Pennsylvania Chemical Abuse Certification Board (PCACB) to provide Certified Alcohol and Drug Counselor (CADC) continuing education credits for those participants attending the entire program.

Counselors



Western Psychiatric Institute and Clinic has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5059. Programs that do not qualify for NBCC credit are clearly identified. Western Psychiatric Institute and Clinic is solely responsible for all aspects of this program. This program is being offered for 6.75 continuing education hours.

Licensed/Clinical Social Workers, Licensed Professional Counselors, Licensed Marriage and Family Therapists: LSW/LCSW/LPC/LMFT

This program is offered for 6.5 hours of social work continuing education through co-sponsorship of the University of Pittsburgh's School of Social Work, a Council on Social Work Education-accredited school and, therefore, a PA pre-approved provider of social work continuing education. These credit hours satisfy requirements for LSW/LCSW, LPC and LMFT biennial license renewal. For information on social work continuing education call (412) 624-3711.

Other Healthcare Professionals

Nurses and other health care professionals are awarded 0.675 Continuing Education Units (CEU's). One CEU is equal to 10 contact hours. Nurses: For attending this program you will receive a Certificate of Attendance confirming 6.75 hours of continuing education. These hours may be considered eligible for completing the 30 hours of continuing education required for biannual nursing re-licensure in Pennsylvania. Peer Specialists: This program fulfills requirements for Certified Peer Specialist continuing education.

We request that all participants complete the online survey. Everyone must sign out at the end of the program. CEU and CADC Certificates will be available once the program has ended. All other certificates will be sent via e-mail to participants once they've completed the online survey. Please keep your certificate in a safe place once you receive it. Replacement certificates cost \$30.

Registration Information

	Before 8/6/18	After 8/6/18
Professionals	\$100	\$120
UPMC Professionals/Employees	\$ 80	\$100
Please use online discount code: aging2018.upmc		
Students/Residents (no continuing education)	\$ 30	\$ 30
Please use online discount code: aging2018.student		
Families/Caregivers (no continuing education)	\$ 30	\$ 30
Please use online discount code: aging2018.family		

Tuition Includes:

- Registration and course materials
- Continental breakfast, morning coffee break, lunch and afternoon break
- Continuing education credit (at professional rate only).

Online Registration Instructions at <https://upmc.asapconnected.com/CourseDetail.aspx?CourseId=177701>

1. Click on 'Register Now' for the appropriate fee level (small box at bottom of page)
2. If '8th Annual Behavioral Health and Aging Conference' appears under 'Shopping Cart', click on '**Checkout**' (think of this as 'continue').
3. Register as a new registrant, or sign in if you already have an account (username is your e-mail).
4. When the conference name appears again, click on '**Checkout**' (again, think of this as 'continue').
5. **Continuing Education Credit** – Please use dropdown list for credential or choose **Not Applicable** (you must complete this). Click on 'continue'.
6. **If applicable, please add in your discount code, and click 'apply to total'.**
7. Complete Transaction and print your registration receipt.

Please contact Nancy Mundy at mundynl@upmc.edu if you are attending at the student, resident, family or caregiver rate and want to purchase continuing education credits.

Full tuition must accompany your registration. Please register by August 6, 2018 to benefit from the reduced rate. A \$25 administrative fee will be deducted from all refunds for cancellations. No refunds can be issued once the program has begun.

Please register online at <https://upmc.asapconnected.com/CourseDetail.aspx?CourseId=177701>. Please contact Nancy Mundy (mundynl@upmc.edu) if you are registering with a department account transfer payment.



We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us better serve you. Please notify us of your needs at least two weeks in advance of the program.

Location

Passavant Hospital Foundation Conference Center*
Cumberland Woods Village
700 Cumberland Woods Drive
Allison Park, PA 15101
412-635-8080

*Please note that this address does not appear in most GPS maps. **From Pittsburgh:** Take Interstate 79 North/Fort Duquesne Bridge ramp. Merge onto I-279 N. Take exit 4 to merge onto US-19 Truck N/McKnight Rd. Turn right onto Cumberland Road. Go past UPMC Passavant. Turn left at the entrance to Cumberland Woods Village.

***Please consider carpooling. There are a limited number of parking spaces available.
Parking is not permitted on the grass.***