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## WPH Clinical Programs

### UPMC Western Psychiatric Hospital Inpatient Services

#### **Child and Adolescent Unit**

The Child and Adolescent inpatient unit provides comprehensive psychiatric, medical, school, and family evaluations. Children served range in age from four to 17 years old.

#### **Center for Autism and Developmental Disorders (CADD) Program**

The CADD (formerly the John Merck Inpatient Program) specializes in treating significant behavioral and emotional problems of children, adolescents, and adults with developmental disabilities (such as autism spectrum disorder and intellectual disabilities).

#### **General Adult Inpatient Unit**

This inpatient unit provides pharmacologic management and individual, group, and milieu treatment for a general adult population. The unit applies a recovery-based philosophy of care, an individualized recovery approach using the milieu on the floor, and individual behavior plans to improve clinical outcomes.

#### **Behavioral Health Intensive Care Unit (BHICU)**

The BHICU was designed for the acute stabilization of extremely manic and psychotic individuals who would otherwise create significant distress for patients being treated on the other units.

#### **Comprehensive Recovery Unit (CRU) & Transitional Recovery Unit (TRU)**

The CRU and the TRU are designed for individuals requiring further stabilization, psychiatric and social rehabilitation, and gradual community reintegration after an acute inpatient psychiatric admission.

#### **Center for Eating Disorders (CED) Unit**

The CED inpatient unit provides services for patients who are severely underweight or need psychiatric or medical stabilization for their eating disorder. Treatment focuses on nutrition, restoration of minimally adequate body weight, and alleviation of associated physical and psychiatric symptoms.

#### **Inpatient Comprehensive Recovery Services (CRS) Unit**

The CRS unit serves adults with acute exacerbations of severe mental illness diagnoses, such as schizophrenia or related disorders, schizoaffective disorder, and bipolar mania with psychosis. The unit's treatment philosophy embraces the principles of recovery and psychiatric rehabilitation.

#### **Addiction Medicine Services Dual Diagnosis Unit**

The inpatient program offered by Addiction Medicine Services treats individuals with a primary mental health diagnosis with a co-occurring severe addictive disorder. Services include medication management, standardized detoxification monitoring, and treatment protocols (including Suboxone for opioid withdrawal management) milieu treatment, daily group therapies, individual therapy, and behavioral planning.

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### **Inpatient Child and Adolescent Bipolar Service (In-CABS)**

In-CABS provides care for adolescents with a suspected diagnosis of bipolar disorder. This program offers services to stabilize adolescents with disruptive behaviors, with a special focus on diagnosing (or ruling out) the presence of a bipolar disorder.

### **Integrated Health and Aging Program (IHAP)**

The IHAP is one of the largest inpatient geriatric mental health units in the nation. Due to high rates of medical comorbidities in the geriatric population, this unit employs full-time medical physician assistants and nurse practitioners to help manage acute and chronic physical illnesses while patients are hospitalized.

### **Adult Trauma Recovery Unit (ATRIUM)**

The ATRIUM is the only trauma-focused inpatient psychiatric program in the region. The program provides care for individuals diagnosed with post-traumatic stress disorder and other trauma-related illnesses, such as borderline personality disorder. ATRIUM staff members provide a trauma-based treatment program based on dialectical behavior therapy.

### **Inpatient Family Medicine at WPH**

The Department of Family Medicine provides a medical team that works to optimize inpatients' medical and psychiatric health. These physicians round 24/7, through on-call coverage and consultations.

## [UPMC Western Psychiatric Hospital Ambulatory Services](#)

### **Addiction Medicine Services**

Addiction Medicine Services maintains a comprehensive continuum of integrated services for co-occurring substance use and psychiatric disorders.

### **Alcohol Highway Safety Program (AHSP)**

The AHSP provides drug and alcohol education, assessments, and brief intervention services for individuals arrested for driving under the influence (DUI).

### **Ambulatory Detoxification Program**

The Ambulatory Detoxification Program provides intensive intervention to facilitate safe withdrawal from addictive substances, including alcohol, benzodiazepines, pill opioids, and heroin. The program serves individuals in the community who do not meet medical necessity criteria for inpatient medically managed withdrawal and/or who prefer an outpatient rather than an inpatient program.

### **Bridge Clinic**

The Bridge Clinic fills treatment gaps by providing buprenorphine medication services for people who have been prescribed buprenorphine in the Emergency Department but have not yet enrolled in a buprenorphine maintenance clinic.

### **Center of Excellence (COE)**

The COE is an outpatient intervention clinic funded by the Pennsylvania Department of Health. Focusing on the whole person, the COE serves as an open-access hub for people seeking treatment for opioid use. The COE provides same-day access and walk-in appointments.

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### **Center for Psychiatric and Chemical Dependency Services (CPCDS)**

The CPCDS provides traditional outpatient services for people with substance use and co-occurring psychiatric disorders. Services include psychotherapy and intensive outpatient and psychiatric care, including medications for substance use disorders. CPCDS also has a component known as the CPCDS MAT (Medication-Assisted Treatment) program. Clients in this program are prescribed buprenorphine, as well as other medications, to help treat substance use disorders.

### **Narcotic Addiction Treatment Program (NATP)**

The NATP provides opiate maintenance therapy (methadone and buprenorphine) for adults with opioid use disorder in an integrated addiction and psychiatric care clinic. NATP staff work closely with local community agencies, such as Sojourner House, POWER, and Family Links, to assist women in maintaining methadone or buprenorphine treatment while in a supervised living environment.

### **Perinatal Addiction Services**

Both CPCDS and NATP provide programming for women with substance use disorders during the perinatal period. CPCDS collaborates with the Magee Pregnancy Recovery Center and Women's Recovery Center by providing psychotherapy and psychiatric services to women receiving buprenorphine treatment, while NATP provides these services for women on methadone.

### **Prevention Education and Student Assistance Training Programs**

The Prevention Education and Student Assistance Training Programs provide prevention programming and training services through targeted training for professionals via classroom presentations, educational newsletters, health fairs, speaking engagements, and direct prevention services both in person and virtually.

## **Adult Mood and Anxiety Services**

The Adult Mood and Anxiety Services program provides evidence-based behavioral health services to patients with acute and chronic psychiatric disorders. Levels of care include traditional outpatient psychotherapy, group therapy, and medication management; intensive outpatient treatment; and partial hospitalization.

### **Intensive Outpatient Program (IOP)**

Adult Services has developed specialized IOP tracks to address the needs of those receiving treatment for bipolar disorder, eating disorders, anxiety, obsessive compulsive disorder, and depression. WPH has specialized tracks for women, perinatal women, men, transition-age individuals, LGBTQIA+ individuals, and people with hoarding disorder.

### **Partial Hospital Program (PHP)**

Adult Services has three PHPs, comprising two for mood and anxiety and one for eating disorders.

### **Traditional Outpatient Services**

The Bellefield Towers Adult Outpatient Clinic provides services for adults with mood and anxiety disorders. The embedded Engagement Clinic provides a weekly session to engage individuals with a history of missed appointments, as well as obstacles and barriers to their treatment.

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### **Center for Integrative Medicine**

UPMC Shadyside Hospital's Center for Integrative Medicine provides high-quality, evidence-based integrative care, including acupuncture, massage, and chiropractic treatment. Mental health and mind-body services include psychotherapy, integrative psychiatry, biofeedback, yoga, and mindfulness-based stress reduction classes.

### **Center for the Advanced Psychotherapy Training**

The Center for the Advanced Psychotherapy Training provides UPMC-affiliated trainees and staff with psychotherapy training on evidence-based treatments for mood and anxiety disorders in children and adults.

### **Premier Behavioral Health**

WPH's Premier Behavioral Health program provides rapid access to world-class behavioral health and addiction services specifically tailored to meet the clinical and developmental needs of collegiate and professional athletes. All the services are coordinated with UPMC providers in sports medicine, concussion treatment, orthopedics, and neurosurgery.

## **Child and Adolescent Psychiatry Services**

Child and Adolescent Psychiatry Services offer a variety of specialty services for children and adolescents with psychiatric disorders, as well as their families. These services include comprehensive evaluation, treatment, and care management across the diagnostic spectrum for disorders such as depression, bipolar, anxiety, obsessive-compulsive disorder, inattention, hyperactivity, and psychosis.

### **Partial Hospital Programs (PHP) and Intensive Outpatient Programs (IOP)**

The PHPs and IOPs provide an intensive level of care similar to WPH's inpatient unit, but in a community-based setting. Services provide acute, intensive day-partial hospitalization and after-school IOP for children and adolescents. An obsessive-compulsive disorder IOP has been designed to treat children and adolescents in an evidence-based model, combining group, individual, family, and medication therapies.

### **Center for Children and Families (CCF) Outpatient Program**

The CCF Outpatient Program provides outpatient services for children and adolescents with behavioral or emotional problems, and their families. Other specialized services include Services for Teens at Risk (STAR) and STAR intensive outpatient program for depression, suicidality, and anxiety disorder; Child and Adolescent Bipolar Services; Triple Board Pediatrics and Psychiatry Clinic; and student assistance programs and school-based outpatient services in several schools in Allegheny County.

### **Matilda H. Theiss Child Development Center**

The Matilda H. Theiss Child Development Center includes day treatment centers for preschool children, a community mobile therapy program, and a therapeutic nursery environment for infants and toddlers who were exposed to addictive substances in utero or who have a parent with a serious psychiatric disorder. The Early Childhood Mental Health Trauma Treatment Center provides evidence-based treatment for young children and their families who have experienced traumatic events.

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### **CADD Child and Adolescent Outpatient Clinic**

This outpatient clinic specializes in the assessment and treatment of children and adolescents who have autism spectrum disorder or other developmental disabilities, along with psychiatric or other behavioral disorders. Services include evaluations using the Autism Diagnostic Observation Schedule (ADOS), medication assessment and monitoring, individual and family therapies, and social skills and problem-solving group therapies.

### **CADD Adult Outpatient Clinic**

This outpatient clinic provides mental health services for individuals 21 and older with emotional or behavioral disturbances coupled with intellectual disability, autism spectrum disorder, or other developmental disabilities. Services include evaluation, individual and family therapies, medication assessment and management, and social skills and problem-solving group therapies.

### **CADD Intensive Day Treatment Program**

This program, a collaboration between WPH and Pittsburgh Public Schools, is designed to meet the mental health needs of children and adolescents who have been diagnosed with autism spectrum disorder, intellectual disabilities, other developmental disabilities, and psychiatric or behavioral disorders.

### **CADD Summer Intensive Day Treatment Program**

This program is designed for children and adolescents who require intensive treatment services related to autism, intellectual disabilities, or developmental disorders, as well as challenging behaviors beyond those offered by traditional summer programming.

### **Autism Early Intensive Behavioral Intervention In-Home Wraparound Program**

This in-home service specializes in early intensive behavioral intervention, which utilizes applied behavioral analysis and discrete trial training services. The staff is specially trained to provide intensive treatment to the children and provide support for the parents.

### **Therapeutic Early Autism Preschool (TEAP)**

TEAP is located in Pittsburgh's Hill District. Programming is similar to the Autism Early Intensive Behavioral Intervention In-Home Wraparound Program, but takes place in a school-based setting.

### **Family-Based Mental Health Services**

Family-Based Mental Health Services provides in-home mental health interventions, emphasizing family therapy and support, to Allegheny county families. They also provide specialized services to children with autism spectrum disorder and their families.

### **Vocational Training Center**

The Vocational Training Center is a community-based adult training facility serving adults in Allegheny County with a primary diagnosis of an intellectual disability, and, in many cases, individuals with a secondary mental health diagnosis. The training center offers day programming and paid work in an environment of increased independence for adolescents and adults with intellectual disabilities who may also have autism spectrum disorder.

### **Community Supported Employment Program**

The Community Supported Employment Program aids in securing and maintaining competitive employment for adolescents and adults with an intellectual disability, autism spectrum disorder, and other developmental disorders.

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## **Residential Enhancement Service Planning Opportunities for New Directions (RESPOND) Program**

The RESPOND Program provides residential and WPH mobile mental health treatment services to multi-system, complex, and high-acuity children and adolescents with developmental disorders, psychiatric disorders, and behavior problems, while living in three community-based residential programs.

## **Comprehensive Recovery Services (CRS)**

The CRS Ambulatory Clinic provides comprehensive specialized services to adults with schizophrenia, schizoaffective disorder, and other psychotic illnesses, including bipolar disorder with psychosis. Continuity of care is accomplished by providing a single system of integrated services, and specialized services for highly regulated medications, such as clozapine for treatment-refractory psychoses and long-acting injectable antipsychotic agents provided through the service line.

### **Pathways: Long Term Structured Residence (LTSR)**

Pathways is a licensed residential facility that serves participants suffering from serious mental illness. Although a locked facility, Pathways creates a home-like atmosphere. The focus of Pathways is recovery and community integration, and the goal for each client is individualized and includes transitioning to a less restrictive setting.

### **Outpatient Services**

CRS provides outpatient care, including individual supportive therapy, medication monitoring and management, psychiatric evaluation, case management services, family support and/or treatment, and individual and group therapy. Cognitive Behavioral Therapy for Psychosis is also offered by therapists, and a clinical pharmacist provides clients with psychoeducation and a comprehensive review of medications.

### **Medication Clinic**

The Medication Clinic administers, monitors, and educates patients around medication and wellness management. Patients prescribed long-acting injectable forms of antipsychotic medications receive on-site injections.

### **Services for the Treatment of Early Psychoses (STEP)**

The STEP Clinic focuses on the assessment and longitudinal care of individuals from ages 14 to 40 who are in the early phase of a psychotic illness. Within the clinic is a nested program that focuses on treatment of first episode of psychosis with a coordinated specialty care model that incorporates medication management, psychotherapy, service coordination, wellness education, peer support, clinical pharmacy, longitudinal assessments of outcomes, and employment support.

### **Psychiatric Rehabilitation Program**

The Psychiatric Rehabilitation Program serves as an adjunct to individual therapy. It assists patients with psychiatric disabilities to increase their functioning, so they are successful and satisfied in the environment of their choice with the least amount of ongoing professional intervention.

### **Certified Peer Services**

The WPH Peer Support Service program offers community-based services delivered by certified

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peer specialists to provide support, hope, empowerment, and empathy to clients with the goal of enhancing skills for education, jobs, relationship-building, and independent living.

### **Blended Service Coordination (BSC) Teams**

The BSC teams provide medical, social, and educational services to individuals of all ages with mental health conditions. This program attempts to engage high utilizers of emergency department and inpatient hospitalizations, link them to services, and assist them in accessing those services.

### **Community Treatment Teams (CTT)**

The CTT provide outreach and community-based mental health services to individuals with serious and persistent mental illnesses.

### **Mobile Medication Program**

Mobile Medication services usually take place in the home and include mental health assessment, administration of injectable medication, oral medication monitoring, assessment of barriers to medication adherence, as well as medication education and symptom monitoring.

### **Neighborhood Living Programs (NLP)**

The NLP provide permanent supportive housing and rapid rehousing for individuals and families who are homeless and diagnosed with a mental illness. Services include assessment, outreach, clinical management, 24-hour on-call support services, vocational support, rental assistance, psychiatrist and psychiatric nursing availability, drug and alcohol specialist services, and in-home support.

### **Behavioral Health Home**

The Behavioral Health Home program provides an integrated approach that spans both the behavioral and physical health care systems in pursuit of wellness and recovery for individuals served. Services are delivered in the community, the client's home, and in inpatient settings.

### **Open Access Clinic**

The Open Access Clinic improves patient access to schizophrenia spectrum disorder specialty outpatient services. Open Access is considered an entry point tool for treatment that supports the patient's recovery, providing flexibility in appointment dates and times. If a patient is assessed and is a good fit for STEP or CRS outpatient services, an appointment will be given. If the patient is referred out to another clinic, the patient will be cared for at STEP/CRS until a warm handoff is completed with the accepting clinic.

## **Geriatric, Long-Term Care, & Center for Interventional Psychiatry Services**

Geriatric Psychiatry at WPH offers comprehensive assessment and treatment programs for older adults with complex psychiatric, medical, and neurological disorders, and their families.

### **Benedum Geriatric Center (BGC)**

The BGC is a multi-disciplinary clinic that provides medical and behavioral health evaluation and treatment for older adults with complex problems, including multiple diagnoses.

### **Bellefield Enhanced Support Team (BEST)**

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The BEST is a specialized intermediary outpatient treatment program for older adults with clinical diagnoses of mood disorders. Program goals are to reduce mood symptoms, increase regularity of social rhythms, improve interpersonal relationships, and prevent future mood episodes.

### **The Geriatric In-Home Support Program (GIHSP)**

The WPH GIHSP has been providing behavioral health care to homebound seniors (ages 60+) in Allegheny County. The overall goal of GIHSP is to maintain or improve the quality of life for seniors with behavioral health issues, assisting them in remaining independent in the community and in avoiding unnecessary hospitalizations.

### **Long-Term Care (LTC)**

The LTC program provides clinical services at 14 campuses in Allegheny and Butler Counties.

### **The Center for Interventional Psychiatry (CIP)**

The CIP provides electroconvulsive therapy treatment, transcranial magnetic stimulation, and Esketamine intranasal/ketamine infusion services for treatment-resistant depression, and deep brain stimulation for obsessive-compulsive disorder. These services can help individuals whose psychiatric disorders have not responded to first-line treatments such as psychotherapy and medication.

## **Consultation & Integrated Services**

The subspecialty of psychosomatic medicine responds to clinical needs at the interface of psychiatry and other medical disciplines, as well as national initiatives for integrated care, with special attention to mental health.

### **Consultation & Liaison Services**

#### **Adult Services**

Inpatient Psychiatric Consultation Services are provided 24 hours/day and are available to nine participating UPMC hospitals using a combination of attending psychiatrists, psychiatric nurses, psychiatry residents and fellows, and senior weekend residents. The role of the psychiatric team is vast, ranging from treating the psychosocial consequences of disability and medical illness to assisting with the needs of patients with severe psychiatric disorders admitted to medical hospitals.

#### **Pediatric Behavioral Health Consult & Liaison Service**

The Pediatric Behavioral Health Consult & Liaison Service collaborates extensively with WPH and UPMC Children's Hospital of Pittsburgh. It offers consult services to inpatient pediatric specialty care teams in response to physician, staff, patient, or parent needs. Specialty consults are provided to the Neonatal Intensive Care Unit, Cardiac Intensive Care Unit, and Eating Disorders Unit.

### **Hospital-based Integrated Services**

#### **Magee Behavioral Health Care**

Magee Behavioral Health Care provides services in perinatal psychiatry and offers a spectrum of psychiatric services across the region. The Psychiatry Consultation Service has been serving as

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a consultant to the implementation of wide-scale screening across obstetric practices and as a screening program for all NICU mothers. Partnering with UPMC Magee-Womens Hospital, pregnant women across OB practices in Allegheny County are now universally screened for depression and connected to our integrated care network through Psych Care Plus.

### **UPMC East Hospital**

With the teamwork of the East substance use disorders committee, UPMC East has established itself as a leader in the care of substance use disorders. UPMC East employs a peer engagement specialist who connects with and motivates patients with co-morbid medical and substance use disorders into drug and alcohol programs to facilitate recovery.

### **UPMC Shadyside Hospital**

In addition to general consultation services, Shadyside psychiatrists and nurses provide specialty services to oncologic services and cystic fibrosis services.

### **UPMC St. Margaret's Hospital**

In addition to consultations, the psychiatric team interacts with key committees at St. Margaret's Hospital. Team members play an important role on the Condition M committee, a STAT response team for emergent situations, primarily when a patient is verbally or physically threatening or acting aggressively toward staff or others.

### **Center for Counseling and Cancer Support (CCCS)**

The CCCS provides a wide range of clinical services to cancer patients and their families, including management of mood disorders, anxiety, sleep and appetite disturbances, substance use disorders, cognitive impairments, and other neuropsychiatric manifestations of cancer and its treatment.

### **UPMC Horizon and Jameson OB Initiatives**

New partnerships with the OB departments at these hospitals have enhanced care for OB patients at these sites at time of delivery. Taking a preventive and proactive approach, clinical experiences from our in-person sites have recently implemented a model of care to identify high-risk mothers for the development of postpartum depression or anxiety.

### **Pittsburgh AIDS Center for Treatment (PACT)**

Psychiatry residents, under the supervision of an attending psychiatrist, provide behavioral health services in the PACT clinic to individuals who are HIV+.

### **Starzl Transplant Institute**

Psychiatrists are embedded in multiple sections of the Starzl Transplant Institute. In Lung, Liver, and Kidney Transplant Services, a clinician provides broad psychiatric evaluations to living donors and recipients in the pre- and post-transplant phases. Within the Intestinal Rehabilitation and Transplant Service, consultations and treatment are provided for individuals pre- and post- multi-visceral transplants, with an emphasis on pain management and reduced use of pain medication.

### **Division of Pulmonary, Allergy, and Critical Care Medicine**

The Division of Pulmonary, Allergy, and Critical Care Medicine provides consults and accepts referrals in a specialty track to provide care for patients with significant respiratory issues.

### **Department of Neurology**

Attending psychiatrists and a therapist are embedded within the Department of Neurology and are currently serving patients from the multiple sclerosis, movement disorders, and epilepsy

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clinics.

### **Department of Hepatology**

The hepatology department has integrated therapy services into this setting to provide a high-demand service at point of care for patients with alcohol-related liver disease.

### **General Internal Medicine Outpatient (GIMO) Clinic**

Psychiatric care at the GIMO Clinic is provided by an embedded psychiatrist and a full-time therapist. While coordinating care and providing expertise to the Enhanced Care Program at the GIMO, the psychiatric clinic provides short- and long-term care to a large caseload of primary care patients.

### **Department of Sports Medicine**

WPH psychiatrists provide care at the UPMC Sports Medicine and Concussion Clinics.

### **Developmental Medicine & The Child Development Unit**

The Behavioral Science Division at UPMC Children's Hospital of Pittsburgh works closely with WPH clinicians to evaluate and treat children with developmental delays. The Autism Diagnostic Clinic provides evidence-based autism evaluations using the Autism Diagnostic Observation Schedule (ADOS) for children up to seven years old. The Center for Independence is an interdisciplinary clinic that provides group treatment for children with developmental delay. Developmental psychologists also work alongside their colleagues in physical therapy, occupational therapy, and speech therapy to design and implement services for the Center for Independence.

### **Behavioral Health and Wellness Clinics**

The Behavioral Health and Wellness Clinics are a collaboration between Children's Community Care Behavioral Health Services and UPMC Children's Hospital of Pittsburgh. Licensed clinical psychologists and social workers located in Children's Hospital provide services for children and adolescents in their subspecialty clinics.

### **UPMC Children's Hospital of Pittsburgh 9A Unit**

The Center for Eating Disorders and UPMC Children's Hospital of Pittsburgh provide services for patients under age 16 who need medical stabilization for eating disorders. Treatment focuses on medical treatment and support, restoring minimally adequate nutrition, and facilitating the patient's transition to the next stages of treatment.

## **Community Integrated Services**

### **Adult Short-Term Community, Integrated Primary, and Integrated Subspecialty Care**

WPH has a thriving array of adult services that work alongside primary care and subspecialty care providers. Therapists are based in primary care and subspecialty care across Western Pennsylvania. These therapists are supported by psychiatrists who provide population health-level interventions, assuring that patients are getting services at the appropriate level of care, consulting with the primary and subspecialty physicians and seeing patients. The primary care-based therapists are also available to community referrals.

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### **Children’s Community Pediatrics Behavioral Health Services (CCPBHS)**

CCPBHS is a collaboration between WPH, UPMC Children’s Hospital of Pittsburgh, and Children’s Community Pediatrics. This award-winning integration model practices in three hub locations and supports integration efforts at Children’s Hospital and community sites.

### **Children’s Telephonic Psychiatric Consultations Services (TiPS)**

TiPS provides phone consultation and in-person evaluations to support quality psychotropic prescribing practices by primary care physicians serving youth with Medicaid up to age 21. In primary care, TiPS promotes improved behavioral and substance use care through consultations and trainings.

### **Substance Misuse and Referral to Treatment (SMART) Choices**

SMART Choices is a collaboration of Children’s Community Pediatrics, UPMC Children’s Hospital of Pittsburgh, WPH’s Addiction Medicine Services, and the UPMC Health Plan to improve the ability of pediatricians to provide evidence-based screening and intervention for substance use risk in adolescents.

### **Psychiatric Emergency Services (PES)**

WPH’s Psychiatric Emergency Services (PES) is a psychiatric emergency room with 24/7 access that provides emergency evaluations.

### **PsychCare+**

The PsychCare+ team manages referrals within the UPMC Behavioral Health Network. The clinicians field phone calls from other hospitals, physicians, clinics, and anyone seeking admission to WPH or another behavioral health facility within the network. Outpatient referrals are provided as appropriate and scheduled for services within WPH or provided with information about other community services.

### **resolve Crisis Network**

resolve Crisis Services provides recovery-oriented, person-centered crisis evaluation, stabilization, and referrals. The resolve Crisis Network remains the regional affiliate for the National Suicide Lifeline. As such, calls to the national lines (800-273-TALK and 800-SUICIDE) from the 412 area code are directed to the center.

## **Behavioral Health Network**

### **Behavioral Health Network Inpatient Services**

#### **UPMC Altoona**

Located in Central Pennsylvania, UPMC Altoona has a robust psychiatry consult service that primarily serves adults, with the flexibility to create a separate adolescent pod within the unit when necessary.

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**UPMC Northwest**

UPMC Northwest houses a psychiatric inpatient unit that is staffed on weekdays via telepsychiatry, and patients are seen in person by a physician on the weekends.

**UPMC McKeesport**

The UPMC McKeesport team of physicians provides psychiatric care and psychiatric consult services to the medical floors and the rehab/detox unit. A continuum of care has been formalized between the behavioral health inpatient unit at McKeesport and the ambulatory services provided through UPMC Western Behavioral Health at Mon Yough.

**UPMC McKeesport Detox/Rehab**

This unit provides acute detox services and rehabilitation services for patients with substance use disorders.

**UPMC Mercy Detoxification Unit**

The UPMC Mercy Detoxification Unit treats patients who are physiologically dependent on alcohol or drugs and assists them in safe withdrawal from those substances.

**UPMC Somerset**

UPMC Somerset houses an acute psychiatric unit.

**Heritage Valley Health System – Sewickley Campus**

WPH provides physician management to the psychiatric services through Heritage Valley Health System (HVHS).

**Heritage Valley Health System – Beaver Campus**

WPH provides psychiatric services to this inpatient, community-based adult psychiatric unit.

**Heritage Valley Health System – Kennedy Campus**

WPH manages this hospital with geriatric psychiatry beds, as well as a psychiatry consult service on the medical floors.

**Behavioral Health Network Ambulatory Services****UPMC Western Behavioral Health at Safe Harbor**

Safe Harbor serves Erie County residents across the lifespan with a variety of mental health and substance use concerns. Specialized services include Clozaril support services, an Early Onset Recovery Program for individuals with first episode psychosis, crisis-oriented mobile mental health treatment, and cognitive behavioral therapy for psychosis.

Safe Harbor is also home to Erie County's Crisis Intervention Program, which supports telephone, mobile, walk-in, and crisis residential services, as well as a Warm Line and the Erie County Incident Stress Management team.

In the Addiction Medicine Services Program, Safe Harbor provides medication services. Co-located therapy services are also provided to expand access at a rural domestic violence shelter, Safe Journey in Union City, and at Greenfield Internal Medicine, where the team supports a medication-for-opioid-use disorder program. The program supports individuals in any of the UPMC Hamot hospital facilities where substance use concerns are identified.

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Safe Harbor is a partner in the Women's Recovery Center at UPMC Hamot and provides mobile case management and peer and therapy services for women and their children to access holistic recovery opportunities.

**UPMC Western Behavioral Health of the Alleghenies (WBHA)**

WBHA is a major provider of mental health, intellectual disability, and addiction services in Blair County for children, adolescents, and adults. WBHA adult services include medication management and evaluation, acute partial hospitalization, telepsychiatry, drug and alcohol use disorder services, blended case management, peer services, Lexington Clubhouse (which recently became Accredited with Clubhouse International), mobile recovery services, and additional services through the Center for Counseling Behavioral Health Home Plus Expansion (BHHPE), and the Adult Center for Exceptional Learning for individuals with intellectual and development disabilities.

WBHA also provides a wide range of programs for children, including partial hospitalization; telepsychiatry; trauma-focused cognitive behavioral therapy, evaluation, and medication management; parent-child interactive therapy; blended case management; behavioral health rehabilitation services and services through the Centre for Counseling, the Students & Teachers Attaining Renewed Strength (STARS) program, and Student Assistance Program (SAP) services. Children's partial hospitalization services and Center for Counseling services are also provided in Centre County in conjunction with the State College School District.

Projects and facilities served by the WBHA include Blair House, the Dorothy Tartaglio Personal Care Home, Juniata House, and Projects in the Assistance of Transition from Homelessness.

**UPMC Western Behavioral Health at Mon Yough**

Mon Yough offers mental health services to children and adults, as well as substance use disorder services. In the local community, the team provides outreach, education, and Narcan services to those in need. Programs work collaboratively with the criminal justice system to provide DUI services and other support to assist people in working through legal challenges.

**Heritage Valley Health System – Staunton Clinic**

The Staunton Clinic serves as a major provider of mental health and intellectual disabilities services in Allegheny, Beaver, and surrounding counties. The clinic's mental health services include medication management and evaluation, psychotherapy, intensive outpatient, comprehensive DBT, and blended service coordination. All services are accessible to children and adults.

**Telepsychiatry Services**

Telepsychiatry is one of the largest telehealth service lines at UPMC. Care is delivered via real-time audio and visual interaction within multiple service types: outpatient mental health clinics, inpatient consult services, nursing home consults, direct-to-consumer, inpatient units, and substance use disorder detox sites.

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