



Western Psychiatric Institute and Clinic of UPMC
Psychosomatic Medicine/Consultation-Liaison Psychiatry
Office of Educational Resources and Planning

University of Pittsburgh School of Medicine
Center for Continuing Education in the Health Sciences

Community Care Behavioral Health Organization

“3rd Annual UPMC Psychosomatic Medicine Conference”

(MD21)

Saturday, April 21, 2018

8:00 AM to 5:00 PM

Thomas E. Starzl Biomedical Science Tower South
Room S120
University of Pittsburgh
Pittsburgh, Pennsylvania

Course Directors:

Priya Gopalan, MD
Pierre Azzam, MD

Recovery and Wellness: The Journey Starts Here
**A Joint Effort Sponsored by
Community Care Behavioral Health Organization and
Western Psychiatric Institute and Clinic of UPMC**

UPMC Psychosomatic Medicine

April 21, 2018

Biomedical Science Tower

Introduction

Psychosomatic medicine remains a challenging field. Subspecialty areas in psychosomatic medicine make it more complicated to diagnose, treat, and refer patients with complex medical comorbidities. Providers need to provide best practice comprehensive psychiatric consultation evaluations with thorough consideration of psychiatric, medical, and psychosocial factors. The UPMC Psychosomatic Medicine Conference is a one-day meeting that will highlight local and regional talent in consultation-liaison (CL) psychiatry. Through dynamic speakers and experts in the field, it will provide an update on clinical care and research at the interface of psychiatry and other medical specialties. These will include primary care services, integrated care, the opioid epidemic and mindfulness, and special populations such as pediatrics, transgender care, psycho-oncology, and pain and psychiatry. The conference will give an up-to-date overview of community resources in addition to research studies in the area of psychosomatic medicine to enable participants to incorporate them into individual practice and discern their applicability to clinical care.

Who Should Attend:

Psychiatrists, psychologists and counselors, pharmacologists, physician assistants working in a mental health setting, psychiatric nurse practitioners, psychiatric nurses, social workers, PhDs, and trainees (medical students and resident physicians), other medical providers with an interest in the medical-psychiatric interface.

Educational Objectives:

At the completion of the program, participants should be able to:

1. Identify community practices, local resources/experts, and current research studies related to the area of psychosomatic medicine.
2. Describe how to incorporate community practices, local resources/experts, and current research studies related to the area of psychosomatic medicine into their clinical practice (both inpatient and outpatient).
3. Recognize innovative and collaborative ways to diagnose, treat, and refer patients with complex medical comorbidities, e.g. neuropsychiatric conditions in Huntington's Disease, men's and women's mental health, HIV psychiatry, Traumatic Brain Injury, palliative care/oncology, perinatal psychiatry.
4. Demonstrate the ability to provide best practice comprehensive psychiatric consultation evaluations with thorough consideration of psychiatric, medical, and psychosocial factors.
5. Develop practical clinical techniques in modalities such as psychotherapy and motivational interviewing.

Course Directors:

Priya Gopalan, MD

Assistant Professor of Psychiatry
University of Pittsburgh School of Medicine
Medical Director, Consultation-Liaison Service
Western Psychiatric Institute and Clinic of UPMC
Pittsburgh, PA

Pierre Azzam, MD

Assistant Professor of Psychiatry
University of Pittsburgh School of Medicine
Director, Psychosomatic Medicine Fellowship Program
Western Psychiatric Institute and Clinic of UPMC
Pittsburgh, PA

Faculty:

Scott R. Beach, MD, FAPM

Psychiatrist, Avery D. Weisman Psychiatric Consultation Service, Massachusetts General Hospital
Program Director, MGH/McLean Adult Psychiatry Residency
Assistant Professor of Psychiatry, Harvard Medical School
Cambridge, MA

Morgan Faeder, MD

Assistant Professor of Psychiatry
Western Psychiatric Institute and Clinic of UPMC
University of Pittsburgh School of Medicine
Pittsburgh, PA

Jeff Geibel, PhD

University of Pittsburgh
Asst. Clinical Professor, School of Health and Rehab Sciences
Clinical Mental Health Counseling Program
Psychology Faculty
University of Pittsburgh Medical Center
Clinical Instructor, Department of Psychiatry
Senior Clinical Program Director
Addiction Medicine Service, Dual Diagnosis Program
Western Psychiatric Institute and Clinic of UPMC
Pittsburgh, PA

Julie Graziane, MD

Assistant Professor of Psychiatry
Penn State College of Medicine
Attending Psychiatrist
Pennsylvania Psychiatric Institute
Harrisburg, PA

Marie Nam Menke, MD, MPH

Center for Fertility and Reproductive Endocrinology
Magee Womens Hospital
Pittsburgh, PA

Darcy Moschenross, MD, PhD

Assistant Professor of Psychiatry
University of Pittsburgh School of Medicine
Pittsburgh, PA

Ryan Peterson, MD

Assistant Professor of Psychiatry
University of Pittsburgh School of Medicine
Psychiatrist, Consultation-Liaison Service
Western Psychiatric Institute and Clinic of UPMC
Pittsburgh, PA

Bruce L. Rollman, MD, MPH

UPMC Endowed Chair in General Internal Medicine
Director, Center for Behavioral Health and Smart Technology
Professor of Medicine, Psychiatry, Health Policy and Management,
Biomedical Informatics, and Clinical and Translational Science
University of Pittsburgh School of Medicine
Pittsburgh, PA

Abigail Schlesinger, MD

Medical Director, TiPS
Clinical Director, Behavioral Science Division
Children's Hospital of Pittsburgh
Medical Director, Ambulatory Integrated Behavioral Healthcare
Associate Professor
Western Psychiatric Institute and Clinic of UPMC
Pittsburgh, PA

Amy Shanahan, MS, CADC

Director of Clinical Care Services of Addiction Medicine Services
University of Pittsburgh Medical Center
Ambulatory Services
Western Psychiatric Institute and Clinic of UPMC
Pittsburgh, PA

Sharvari Shivanekar, MD

University of Pittsburgh School of Medicine
Attending Psychiatrist, Consultation-Liaison Service
Western Psychiatric Institute and Clinic of UPMC
Pittsburgh, PA

Trainee Spotlight (names and details will be added)

- 1. Nicole Bates**
- 2. Shelly Kucherer, MD**
Psychiatry Resident, PGY-3
Western Psychiatric Institute and Clinic of UPMC
- 3. Christie Urquhart**
- 4. Manivel Rengasamy, MD**
Child Psychiatry Fellow, PGY-3
Western Psychiatric Institute and Clinic of UPMC
- 5. Priyanka Amin**
- 6. Daniel Fishman, MD**
Psychiatry Resident, PGY-4
Western Psychiatric Institute and Clinic of UPMC
- 7. Eric Golden**

All individuals in a position to control the content of this education activity are required to disclose all relevant financial relationships with any proprietary entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients.

***The University of Pittsburgh is an affirmative action,
equal opportunity institution.***

Schedule

Time	Event	Presenters
0800 – 0830	Registration and Refreshments	
0830 – 0930	Plenary 1: Risk and the Medical-Psychiatry Interface – Navigating and Communicating Black Box Warnings	Julie Graziane, MD
0930 – 1030	A – Tools for the Bedside (<i>Symposia/Workshops</i>)	A1 – Motivational Interviewing
		A2 – Bedside Psychotherapy
		Jeff Geibel, PhD Amy Shanahan, MS, CADC Ryan Peterson, MD Sharvari Shivaneekar, MD
1030 – 1045	Break	
1045 – 1145	B – Gender Issues in the Med-Psych Interface (<i>Symposia/Workshops</i>)	B1 – Paternal Postnatal Depression
		B2 – Women’s Mental Health:
		Pierre Azzam, MD Marie Menke, MD, MPH
1145 – 1230	Lunch	
1230 – 1345	Plenary 2: Cardiac Topic of Choice	Scott Beach, MD
1345 – 1450	Break	
1350 – 1450	C – Service Delivery Innovations (<i>Symposia/Workshops</i>)	C1 – TIPS
		C2 – HD Clinic
		Abigail Schlesinger, MD Morgan Faeder, MD Darcy Moschenross, MD, PhD
1450 – 1500	Break	
1500 – 1600	D – Trainee Spotlights (D1) (<i>Oral Presentations</i>) (D2)	TBD
		TBD
1600 – 1615	Break	
1615 – 1715	Plenary 3: Integrating Technology into Clinical Practice	Bruce Rollman
1715 – 1730	Closing Comments	Pierre Azzam, MD
1730	Adjournment	

Continuing Education Credit

Physicians

The University of Pittsburgh School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Pittsburgh School of Medicine designates this live activity for a maximum of 7.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physician Assistants

This program has been reviewed and is approved for a maximum of 7.5 hours of AAPA Category 1 CME credit by the Physician Assistant Review Panel. Physician assistants should claim only those hours actually spent participating in the CME activity.

This program was planned in accordance with AAPA's CME Standards for Live Programs and for Commercial Support of Live Programs.

Psychologists

Western Psychiatric Institute and Clinic of UPMC is approved by the American Psychological Association to offer continuing education for psychologists. Western Psychiatric Institute and Clinic of UPMC maintains responsibility for this program and its content. This program is being offered for 7.5 continuing education credits.

Certified Alcohol and Drug Counselors/Certified Co-Occurring Disorders Professionals: CADC/CCDP

The Office of Education and Regional Programming, Western Psychiatric Institute and Clinic of UPMC is certified by the Pennsylvania Certification Board (PCB) to provide Certified Alcohol and Drug Counselor (CADC) and Certified Co-occurring Disorders Professional (CCDP) continuing education credits. This program is being offered for 7.25 continuing education credits.

Counselors



Western Psychiatric Institute and Clinic of UPMC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5059. Programs that do not qualify for NBCC credit are clearly identified. Western Psychiatric Institute and Clinic of UPMC is solely responsible for all aspects of this program. This program is being offered for 7.5 continuing education hours.

Licensed/Clinical Social Workers, Licensed Professional Counselors, Licensed Marriage and Family Therapists: LSW/LCSW/LPC/LMFT

This program is offered for 7.5 hours of social work continuing education through co-sponsorship of the University of Pittsburgh's School of Social Work, a Council on Social Work Education-accredited school and, therefore, a PA pre-approved provider of social work continuing education. These credit hours satisfy requirements for LSW/LCSW, LPC and LMFT biennial license renewal. For information on social work continuing education call (412) 624-3711.

Other Healthcare Professionals

Nurses and other health care professionals are awarded 0.75 Continuing Education Units (CEU's). One CEU is equal to 10 contact hours. **Nurses:** For attending this program you will receive a Certificate of Attendance confirming 7.5 hours of continuing education. These hours may be considered eligible for completing the 30 hours of continuing education required for biannual nursing re-licensure in Pennsylvania. **Peer Specialists:** This program fulfills requirements for Certified Peer Specialist continuing education.

Registration Information

Fee Schedule

	Before 4/9/18	After 4/9/18
Physicians	\$150	\$175
Professionals	\$125	\$150
Online registration: Please use discount code: psych.prof2018 and click on Apply to Total		
UPMC Affiliated Physicians	\$100	\$125
Online registration: Please use discount code: psych.upmcmd2018 and click on Apply to Total		
UPMC Affiliated Professionals	\$75	\$100
Online registration: Please use discount code: psych.employ2018 and click on Apply to Total		
Residents	\$40	\$65
Online registration: Please use discount code: psych.resident2018 and click on Apply to Total		
Medical Students	Fee Waived	Fee Waived
Online Registration: Please use discount code: psych.student2018 and click on Apply to Total		

Tuition includes:

- * All registration and conference materials
- * Refreshments and Lunch
- * Continuing Education Credits and Continuing Medical Education Credits

Registration is online only. Instructions for registering at

<https://upmc.asapconnected.com/CourseDetail.aspx?CourseId=168368>:

1. Click on 'Register Now' (small box at bottom of page)
2. If "3rd Annual UPMC Psychosomatic Medicine Conference" appears under 'Shopping Cart', click on 'Checkout' (think of this as 'continue').
3. Register as a new registrant, or sign in if you already have an account (username is your e-mail).
4. When the conference name appears again, click on 'Checkout' (again, think of this as 'continue')
5. Continuing Education Credit – Please use dropdown list for credential or choose Not Applicable (you must complete this). Click on 'continue'.
6. **Enter your promotional code if applicable (please see above). Click on 'Apply to Total'!**
7. Add credit card information if applicable, and click on 'Process Payment'.
8. Complete Transaction and print your receipt.

A \$25 administrative fee will be deducted from all refunds for cancellations. No refunds can be issued once the program has begun. Please register by **March 22, 2018** to take advantage of the lowest tuition rate.

Registration with credit/debit card payments can be made at:

<https://upmc.asapconnected.com/CourseDetail.aspx?CourseId=168368>

For UPMC Account Transfer information, please contact:

Nancy Mundy

OERP/WPIC

Champion Commons Building, Room 322

3811 O'Hara Street

Pittsburgh, PA 15213

Telephone: 412-204-9090

FAX: 412-204-9110

E-MAIL: mundynl@upmc.edu

www.wpic.pitt.edu/oerp



*We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us better serve you. Please notify us of your needs at least **two** weeks in advance of the program by calling Nancy Mundy at 412-204-9090.*

Location:

Thomas E. Starzl Biomedical Science Tower South
Room S120
University of Pittsburgh
200 Lothrop Street
Pittsburgh, PA 15213

Directions:

Thomas E. Starzl Biomedical Science Tower South
200 Lothrop St., Pittsburgh, PA 15213

Via the PA Turnpike and Interstate 376: Take exit 57, Pittsburgh/Monroeville, to Interstate 376 West. Follow the interstate to Exit 7A, Oakland (Bates Street). Follow Bates Street to the first stoplight. Take a left onto the Boulevard of the Allies. At the first stoplight, take a right onto Halket Street. Follow Halket to the next stoplight, and take a right on to Forbes Avenue. Follow Forbes to Atwood Street; turn left onto Atwood. Follow Atwood to the next stoplight (Fifth Ave.) and turn left, then immediately get into the far right lane. Turn right onto Lothrop Street. Near the top of the hill there are signs for Presbyterian Hospital Garage on the left. This garage is open for public use. Take the elevators to level "D." The elevators will open into the Biomedical Science Tower Lobby and the room is off the lobby.

Via Interstates 79/279 from the North: Take Interstate 79 south to Interstate 279 south (two miles south of Wexford/Route 910). Near downtown, take exit 8A to Interstate 579, and follow signs to Interstate 376 east via the Boulevard of the Allies. Take Forbes Avenue/Oakland exit left; do not continue on Interstate 376 east. Bear right onto the Forbes Avenue access ramp, and follow Forbes to Atwood Street; turn left onto Atwood Street. Follow Atwood to the next stoplight (Fifth Ave.) and turn left, then immediately get into the far right lane. Turn right onto Lothrop Street. Near the top of the hill there are signs for Presby Garage on the left. This garage is open for public use. Take the elevators to level "D." The elevators will open into the Biomedical Science Tower Lobby and the room is off the lobby.

Via Interstates 79/279 from the South: Take Interstate 79 north to Exit 59A. Take Interstate 279 North, following signs to Interstate 376 east. Take 376 east and exit at Forbes Avenue/Oakland (Exit 5). Follow Forbes to Atwood Street. Turn left onto Atwood Street. Follow Atwood to the next stoplight (Fifth Ave.) and turn left, then immediately get into the far right lane. Turn right onto Lothrop Street. Near the top of the hill there are signs for Presby Garage on the left. This garage is open for public use. Take the elevators to level "D." The elevators will open into the Biomedical Science Tower Lobby and the room is off the lobby.