“10th Annual Behavioral Health and Aging Conference
Looking Back and Planning for the Future:
The Year of COVID-19 and the Future of Alzheimer’s Disease”
(MD66)

October 29, 2020 – 8:30 AM to 4:45 PM
ZOOM Live Streaming Event
ZOOM Sign-in – 8:15 to 8:30 AM

Course Directors:
LalithKumar K. Solai, MD
Service Chief & Medical Director, Geriatric Psychiatry Service
Medical Director, Center for Interventional Psychiatry
Medical Director, Patient Safety
Director, Geriatric Psychiatry Fellowship
UPMC Western Psychiatric Hospital
Associate Professor of Psychiatry, University of Pittsburgh School of Medicine

Ellen Whyte, MD
Medical Director, Psychiatric Services, UPMC Benedum Geriatric Center
Medical Director, Integrated Behavioral Health – Primary Care, UPMC Western Psychiatric Hospital
Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine

Recovery and Wellness: The Journey Starts Here
A Joint Effort Sponsored by Community Care Behavioral Health Organization and
UPMC Western Psychiatric Hospital
www.oerp.pitt.edu
Program Description
The two themes of this conference are understanding the impact COVID-19 had on the elderly and their caregivers in 2020, and planning for the future as new therapeutics for dementia are anticipated in 2021. This program is designed for all providers serving the aging population.

Educational Objectives
At the completion of this program participants should be able to:

1. Describe the impact of COVID-19 and its associated isolation on elders at risk for depression
2. Describe the impact COVID-19 has had on the caregivers of the elderly.
3. Discuss two emerging therapeutics for mild cognitive impairment and early Alzheimer’s disease.
4. Review the clinical presentation of common non-Alzheimer's dementia syndromes and how to differentiate them from Alzheimer’s.
5. Describe basic behavioral interventions for the management of behavioral disturbances in dementia and how to teach families/informal caregivers these interventions.

Target Audience
Providers working with older adults including physicians, nurses, front-line staff, case managers/service coordinators, therapists, and clinicians. Family and caregivers are welcome to attend.
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UPMC Western Psychiatric Hospital
University of Pittsburgh Medical Center
Associate Professor of Psychiatry
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Ellen M. Whyte, MD
Medical Director, Psychiatric Services, UPMC
Benedum Geriatric Center
Medical Director, Integrated Behavioral Health – Primary Care
UPMC Western Psychiatric Hospital
Assistant Professor of Psychiatry
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Faculty

Sarah B. Berman, MD, PhD
Associate Professor
University of Pittsburgh
Departments of Neurology and Clinical and Translational Science
Pittsburgh Institute for Neurodegenerative Diseases
Pittsburgh, PA

Megan E Hamm, PhD
General Internal Medicine
Assistant Professor of Medicine
Director of Qualitative, Evaluation, and Stakeholder Engagement Research Services (Qual EASE)
University of Pittsburgh Dept. of Medicine
Pittsburgh, PA

Taafoi Kamara, MPH
Director, Innovation, Education & Outreach
UPMC Senior Services
Pittsburgh, PA

Carol M. Leach, LCSW
Supervisor, Behavioral Health
UPMC Benedum Geriatric Center
UPMC Palliative Care/Supportive Care
Pittsburgh, PA

Oscar L. Lopez, MD, FAAN
Professor of Neurology, Psychiatry, and Clinical and Translational Sciences
Levidow - Pittsburgh Foundation Endowed Chair in Alzheimer’s Disease and Related Dementias
Director, Alzheimer’s Disease Research Center
Chief, Cognitive and Behavioral Neurology Division
University of Pittsburgh School of Medicine
Pittsburgh, PA

Rick Morycz, PhD, LCSW, QCSW, FGSA
Associate Professor of Psychiatry, Medicine, and Social Work
University of Pittsburgh
Section of Geriatrics
UPMC Western Psychiatric Hospital
Pittsburgh, PA
Riddhi Patira, MD
Assistant Professor
Cognitive Division of Neurology
UPMC
Investigator at the Alzheimer’s Disease Research Center
University of Pittsburgh School of Medicine
Pittsburgh, PA

Stefanie Small, LCSW
Director of Clinical Services
Jewish Family & Community Services
Pittsburgh, PA

Daniel Varon, MD
Assistant Professor of Psychiatry
University of Pittsburgh School of Medicine
UPMC Western Psychiatric Hospital
Pittsburgh, PA

Jon Weingarden, PsyD
Program Director, WPH Inpatient
12Th Floor Integrated Health and Aging Program
UPMC Western Psychiatric Hospital
Pittsburgh, PA

All individuals in a position to control the content of this education activity are required to disclose all relevant financial relationships with any entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients.

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2020 Behavioral Health and Aging Conference
October 29, 2020

8:30-8:45 AM  Welcome Remarks
Lalith Kumar K. Solai, MD

8:45-11:30 AM  COVID-19 AND THE ELDERLY
8:45-10:00 AM  Has COVID-19 Isolation Lead to More Depression in Late Life? / Q&A
Megan E. Hamm, PhD

10:00-10:15 AM  Break (15 minutes)

10:15-11:30 AM  Roundtable Discussion: COVID-19 Impact on Caregivers / Q&A
Moderator: Richard Morycz, PhD
Panelists:
Tafoi Kamara, MPH; Carol Leach, LCSW; Stefanie Small, LCSW; Ellen Whyte, MD

11:30 AM-12:15 PM  LUNCH (45 MINUTES)

12:15-12:25 PM  ANNOUNCEMENTS

12:25-4:15 PM  DEMENTIA UPDATE
12:25-1:40 PM  Emerging treatment for Alzheimer’s Disease / Q&A
Oscar L. Lopez, MD, FAAN

1:40-1:50 PM  Break (15 minutes)

1:50-3:05 PM  Update on Other Dementia Syndromes / Q&A
❖  LATE: A Newly Identified Etiology of Dementia
Daniel Varon, MD
❖  Dementia of the Lewy Body Type
Sarah B. Berman, MD, PhD
❖  Frontal Temporal Dementia
Riddhi Patira, MD

3:05-3:15 PM  Break (10 minutes)

3:15-4:30 PM  Helping the Helper: Teaching Dementia Caregivers: Behavioral Approaches to Managing Behavioral Issues / Q&A
Jonathan Weingarden, PhD

4:30-4:45 PM  Wrap up and Adjourn
Ellen Whyte, MD

For additional information about the speakers or presentations, please contact Doreen Barkowitz at barkowitzdh@upmc.edu.
Continuing Education Credit Information

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physician (CME)
The University of Pittsburgh designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing (CNE)
The maximum number of hours awarded for this Continuing Nursing Education activity is 6.5 contact hours.

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

Psychologists
Education and Consultative Services of UPMC Western Psychiatric Hospital is approved by the American Psychological Association to offer continuing education for psychologists. Education and Consultative Services of UPMC Western Psychiatric Hospital maintains responsibility for this program and its content. This program is being offered for 6.25 continuing education credits per day of attendance.

Counselors
UPMC Western Psychiatric Hospital has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5059. Programs that do not qualify for NBCC credit are clearly identified. UPMC Western Psychiatric Hospital is solely responsible for all aspects of this program. This program is being offered for 6.25 continuing education hours.

Certified Alcohol and Drug Counselors/Certified Co-Occurring Disorders Professionals: CADC/CCDP
The Office of Education and Regional Programming, UPMC Western Psychiatric Hospital is certified by the Pennsylvania Certification Board (PCB) to provide Certified Alcohol and Drug Counselor (CADC) and Certified Co-occurring Disorders Professional (CCDP) continuing education credits. This program is being offered for 6.25 continuing education credits.

Licensed/Clinical Social Workers, Licensed Professional Counselors, Licensed Marriage and Family Therapists: LSW/LCSW/LPC/LMFT
This program is offered for 6.0 hours of social work continuing education through co-sponsorship of the University of Pittsburgh’s School of Social Work, a Council on Social Work Education-accredited school and, therefore, a PA pre-approved provider of social work continuing education. These credit hours satisfy requirements for LSW/LCSW, LPC and LMFT biennial license renewal. For information on social work continuing education call (412) 624-3711.

Other Healthcare Professionals
Nurses and other health care professionals are awarded 0.625 Continuing Education Units (CEU’s). One CEU is equal to 10 contact hours. Nurses: For attending this program you will receive a Certificate of Attendance confirming 6.25 hours of continuing education. These hours may be considered eligible for completing the 30 hours of continuing education required for biannual nursing re-licensure in Pennsylvania. Peer Specialists: This program fulfills requirements for Certified Peer Specialist continuing education.

- Please retain your certificates in a safe place. Replacements cost $30.
- Continuing education credits will be reduced if the participant chooses to leave before the end of the event.
- The participant will be awarded a continuing education contact hour(s) certificate four to six weeks post-conference via e-mail upon completion and submission of the online evaluation form, and continuing education application.
Registration Information (online at 10th Annual Behavioral Health and Aging Conference-2020)

By October 23, 2020

Physicians

UPMC Physicians and non-UPMC Professionals
Please use online discount code: agingprof.2020

UPMC Professionals/Employees - Please use online discount code: agingupmc.2020

Students/Residents - Please use online discount code: agingstudent.2020

Families/Caregivers - Please use online discount code: agingfamily.2020

$60

$50

$40

$20

No continuing education credits

No continuing education credits

No fee

Tuition Includes:
· Registration and course materials
· Continuing education credit (at professional rate only).

UPMC employees who would like to be sponsored by their department can opt to request a paper registration form (electronic journal transfer form) with appropriate approval from the department manager. To request this form, contact Nancy Mundy at mundnl@upmc.edu.

Online Registration Instructions at 10th Annual Behavioral Health and Aging Conference-2020. All participants need to register individually:

1. Click on ‘Register Now’ for the appropriate fee level (scroll all the way down the page to the small box at bottom)
2. If ‘10th Annual Behavioral Health and Aging Conference’ appears under ‘Shopping Cart’, click on ‘Checkout’ (think of this as ‘continue’).
3. Register as a new registrant or sign in if you already have an account (username is your e-mail).
4. When the conference name appears again, click on ‘Checkout’ (again, think of this as ‘continue’).
5. Continuing Education Credit – Please use dropdown list for credential or choose Not Applicable (you must complete this). Click on ‘continue’.
6. If applicable, please add in your discount code, and click ‘apply to total’.
7. Complete Transaction and print your registration receipt.

* Full tuition must accompany your registration. Please register by October 23, 2020. A $25 administrative fee will be deducted from all refunds for cancellations (for professional fee levels). No refunds can be issued once the program has begun.

* Contact Nancy Mundy mundnl@upmc.edu if you are registering with a department account transfer payment or if you have any questions.

We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us better serve you. Please notify us of your needs at least two weeks in advance of the program.
Registration Form (This form is to be used for departmental transfers only.)

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October 29, 2020 – Please register by October 23, 2020

Please print or type legibly. If we cannot read your form, you may not receive your confirmation.

Birthdate (MM/DD/YYYY)

Name:

Institutional Affiliation:

Address1:

Address2:

City:  State:  Zip Code:

County:

Day Telephone: (______)

Credentials (i.e. MSW, MA, LCSW, PhD):

E-mail Address:

For Continuing Education, please check if you require a certificate for:

[ ] CME      [ ] CNE      [ ] NCC Counselor      [ ] Nurse       [ ] Psychologist      [ ] (LSW/LCSW/LPC/LMFT)      [ ] CADC/CCDP
[ ] General CEU (nurses/peers/other professionals)

UPMC Physicians $50
UPMC Professionals/Employees $40

Tuition amount $______________

□ UPMC Account Transfer Business Unit ________________ Dept. ID ________________
Administrator Name ___________________________________________________________________
Administrator Signature __________________________________________________________________

One name per registration, please.

Registration will not be accepted without payment. One registration form per person, please. Telephone registrations CANNOT be accepted. Please contact Nancy Mundy at mundnl@upmc.edu with any questions about registration.

Please send completed form to Nancy Mundy at mundnl@upmc.edu