Who's Who in the Office of Residency Training

Michael J. Travis, MD
Director of Residency Training
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Michael J. Travis MD trained in medicine at Guy’s Hospital and in psychiatry at St. Bartholomew’s and Hackney Hospitals, and The Royal Bethlem and Maudsley Hospitals, London, UK. Dr. Travis has been heavily involved in education throughout his career and was, until 2005, the Clinical Tutor, (Residency Training Director) and overall organizer of the Bethlem and Maudsley Hospitals SHO Training in Psychiatry. He had also been working as a Consultant Psychiatrist at the Maudsley Hospital and an Honorary Senior Lecturer in Clinical Neuropharmacology at the Institute of Psychiatry, London, UK. His main research interest is the study of drug action and neural systems using functional and neurochemical imaging. He has published both original experimental research, books and book chapters in Schizophrenia, mood disorders and general Neuropharmacology. After a six month transition period Dr. Travis has been Residency Training Director at the Western Psychiatric Institute and Clinic (WPIC) of the University of Pittsburgh Medical Center (UPMC) and Associate Professor of Psychiatry at the University of Pittsburgh since July 1 2005. He was the Region III, Mid-Atlantic Representative for Adult Psychiatry to the American Association of Directors of Psychiatric Residency Training (AADPRT) from 2009-2011 and has taken over as the Ginsberg Committee Chair for AADPRT from 2011.

Sansea Jacobson, MD
Director, Child and Adolescent Psychiatry Fellowship Program and
Director, Triple Board Training Program
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Dr. Jacobson received her undergraduate degree from Dartmouth College and Oxford University, and her medical training from the University of Pittsburgh School of Medicine. Dr. Jacobson completed both a General Adult Psychiatry Residency and a Child & Adolescent Psychiatry Fellowship at Western Psychiatric Institute & Clinic (WPIC) where she was Chief Resident of Ambulatory Services. Currently, Dr. Jacobson serves as a child and adolescent psychiatrist at the Services for Teens at Risk (STAR) Clinic and the Center for Children & Families (CCF). Dr. Jacobson’s clinical interests include suicide prevention, transition-aged individuals, and Obsessive-Compulsive Disorder. She is dedicated to providing thoughtful, compassionate, evidence-based, multidisciplinary and individualized clinical care to each of her patients. She has a long background in education at WPIC. She was also one of the founders of the Academic Administrator, Clinical Educator (AACE) Residency Training Track and creator of the WPIC Advanced Psychopharmacology Course. Dr. Jacobson is the author or co-author of a number of peer reviewed articles and book chapters. She has given lectures to a variety of audiences including fellow mental health providers, medical students, educators, pediatricians, and a variety of specialty medical providers. She is the recipient of numerous awards including: WPIC Exemplary Faculty Teaching Service Award, Golden Apple Teaching Award, Samuel Gershon Teaching Award, Arnold P. Gold Foundation Teaching Award, Medical Humanism Award, University of Pittsburgh Excellence in Clinical Psychiatry Award, and a National Institutes of Health (NIH) Research Training Award.

Dr. Jacobson was appointed as the Director of the Child and Adolescent Psychiatry Fellowship and Triple Board Program in January 2012 after a six month transition into the role.
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Antoine B. Douaihy, MD
Associate Director of Residency Training
Program Director of Addiction Psychiatry Fellowship
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Antoine Douaihy, MD, is Associate Professor of Psychiatry, Medical Director of Addiction Medicine Services (AMS), and WPIC Inpatient Dual Diagnosis Unit. He provides medical leadership for AMS, which treats over 8,000 patients annually in more than 20 programs. Dr Douaihy is a practicing psychiatrist and lecturer on substance use disorders and HIV psychiatry. He has been actively involved in teaching and mentoring medical students and psychiatry residents for the past decade. His research and publications focus on dual diagnosis/patient recovery guides and HIV psychiatry. Dr Douaihy is an investigator in numerous NIDA and NIAAA clinical research projects on substance use disorders and dual diagnosis. He has been included in the Best Doctors in America® 2005-2006. Dr. Douaihy is the Director of our Fellowship in Addiction Psychiatry, now in its third year, and will be recruiting the next two Fellows to start in July 2012.

Roberto Ortiz-Aguayo, MD
Associate Director of Residency Training
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Roberto Ortiz-Aguayo, MD trained in medicine through the University of Puerto Rico School of Medicine's research track program. Through his medical school training he conducted research at the NIH's National Cancer Institute and at the Child Psychiatry Branch of the National Institute of Mental Health. He is the first graduate of the University of Pittsburgh's Triple Board residency program in Pediatrics/General Psychiatry and Child and Adolescent Psychiatry. He has served as Western Psychiatric Institute and Clinic of UPMC and Children's Hospital of Pittsburgh's Chief Resident for the Triple Board Program and more recently as WPIC's Chief Resident for the Child and Adolescent Psychiatry Fellowship and Track. He is an active member of the American Academy of Child and Adolescent Psychiatry (AACAP); where he currently sits as a constituent of AACAP's Program Committee and Physically Ill Child Committee. He is currently conducting a grant funded pilot study in conjunction with the Infectious Disease Division of Children's Hospital of UPMC looking at the association of Group A Streptococcal infections and acute onset of Obsessive Compulsive and Tic symptoms. Dr. Ortiz-Aguayo's interests include, Pediatric Consultation Liaison psychiatry, neuropsychiatric phenomenology of primary neurological diseases, as well as medical student and resident education.

Jordan Karp, MD
Director, Geriatric Psychiatry Fellowship Program
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Dr. Karp is Associate Professor of Psychiatry, Anesthesiology, and Clinical and Translational Science. He attended college at Emory University, medical school at the University of Pittsburgh, and a residency in psychiatry at Columbia Presbyterian/New York State Psychiatric Institute. These were followed by clinical and research fellowships in geriatric psychiatry at the University of Pittsburgh. Dr. Karp directs and collaborates on a series of NIH and foundation-funded research studies focused on: (1) treatment of older adults with comorbid depression and chronic pain; (2) testing the combination of psychosocial and pharmacologic treatments for older adults with depression and anxiety; (3) testing repurposed novel molecules to reduce the burden of treatment resistant depression and anxiety; and 4) prevention of depression. His clinical work includes: 1) medical directorship for geriatric psychiatry at UPMC Pain Medicine at Center Commons, the University of Pittsburgh's multidisciplinary pain clinic; 2) attending psychiatrist at Benedum Geriatric Center and Heritage Nursing Home; and 3) attending psychiatrist for the psychiatry consultation and liaison service. Dr. Karp is a
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tireless mentor, teacher, and lecturer of students and trainees across disciplines. He is excited to help grow the field of geriatric psychiatry and contribute to the WPIC mission of excellence in education.

Stephen A. Zerby, MD
Director, Forensic Psychiatry Fellowship Program
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Stephen Zerby MD trained in medicine at Jefferson Medical College in Philadelphia, PA. He received his psychiatric training in general and child/adolescent psychiatry at Thomas Jefferson University, followed by training in forensic psychiatry at the University of Massachusetts School of Medicine in Worcester, MA. Dr. Zerby is board certified in Psychiatry with Additional Qualifications in Child/Adolescent and Forensic Psychiatry. As a staff psychiatrist at Western Psychiatric Institute and Clinic Dr. Zerby has worked mainly in the psychiatric emergency service, with juvenile offenders in various settings, and at a level 5 secure treatment unit for juvenile sexual offenders. He is a staff member of UPMC Forensic Psychiatry, a service which provides evaluations for both criminal and civil courts. In 2009 Dr. Zerby was appointed Director of the Forensic Psychiatry Fellowship and is responsible for the development of the program and maintaining accreditation. He is responsible for the administration of the program and is actively involved in the teaching and supervision of the fellows. Dr. Zerby has presented at numerous conferences and workshops at venues such as the American Academy of Psychiatry and the Law annual meeting and has published in the field.

Wesley E. Sowers, MD
Director, Public Service Psychiatry Fellowship Program
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Wesley Sowers is a graduate of Brown University and the Northwestern University Medical School and completed residencies at the Cook County Hospital and the Albert Einstein College of Medicine, Department of Psychiatry. He is currently the Medical Director for the Office of Behavioral Health in the Department of Human Services of Allegheny County, PA. He is Clinical Associate Professor of Psychiatry at WPIC and has recently become Director of the Center for Public Service Psychiatry there. He is board certified in Adult Psychiatry with sub-specialty certifications in Addiction and Administrative Psychiatry. He has been President of the American Association of Community Psychiatrists since 2004 and has served on their Board of Directors since 1988. He is also a member of the American Society of Addiction Medicine, the American Academy of Addiction Psychiatrists, the American Public Health Association, American Orthopsychiatry Association, and is on the Board of Directors of the American Association of Psychiatric Administrators. He is Addiction Section Editor for the Community Mental Health Journal and is on the Scientific Program Committee of the APA's Institute on Psychiatric Services. Clinically, he has extensive experience in the provision of treatment and services to special populations such as homeless men and women, criminal offenders, sexual minorities, and substance users. He has served abroad as Medical Director for organizations in El Salvador and Sudan.

Robert Marin, MD
Associate Director, Public Service Psychiatry Fellowship Program
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Robert Marin, MD, Associate Professor of Psychiatry, completed medical school at Albert Einstein College of Medicine, neurology fellowship at Harvard Medical School, psychiatric residency at Dartmouth Medical School, and subspecialty training in geriatric psychiatry at UPMC. He has longstanding interest in psychotherapy and the tradition of psychiatry as a healing profession. He offers to senior residents an introductory course on the role of meditation, mindfulness, and self-awareness in professional development. As a neuropsychiatrist his research has focused on the significance of motivational loss. At WPIC he contributes to the teaching program in geriatric psychiatry and neuropsychiatry, supervising inpatient
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geriatric care and teaching principles of neuropsychiatric assessment to PGY I and PGY II residents. He has been a physician activist for many years, focusing especially on community and clinical interventions that address the social and political roots of social violence. He is currently the Medical Director of the Hill Satellite Center which has become a major training site for residents interested in community mental health, psychological trauma, and the integrated practice of psychotherapy and biological psychiatry. He serves also as Associate Director of the Center for Public Service Psychiatry and its affiliated fellowship in Public Service Psychiatry, which is dedicated to preparing psychiatrists for leadership roles in a recovery oriented system of psychiatric care.

Neal D. Ryan, MD
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Neal D. Ryan, MD, has a BA degree from the Massachusetts Institute of Technology (MIT) in computer science and electrical engineering and received his medical degree from Yale University. He completed his general psychiatry training and a postdoctoral fellowship at Columbia University. Dr. Ryan completed a child psychiatry fellowship at the University of Pittsburgh where he has been a member of the faculty for the past two decades. Dr. Ryan is currently the Joaquim Puig-Antich Chair in Child and Adolescent Psychiatry and serves as the Director of Education for the Department of Psychiatry and Director of Informatics for the Western Psychiatric Institute and Clinic (WPIC). As Director of Education, Dr. Ryan has overarching responsibility for all of our departmental education efforts. He is also a respected research scientist who is widely published in his area of research - affective disorders in children and adolescents. Most recently, Dr. Ryan also assumed the role of Director of the Center for Integrative Medicine at the University of Pittsburgh Medical Center.

Kimberly Kirchner
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Kim Kirchner earned an Associate’s degree in Business Administration from the Western School of Health and Business Careers. Ms. Kirchner joined the Office of Residency Training staff in May 2005 and brings a wealth of experience to her position. Prior to joining the Office of Residency Training staff in May 2005, she was a member of the WPIC Chief Executive Officer’s staff where she played a key role in the administration of the WPIC Disaster Response team and day-to-day office operations. Ms. Kirchner’s enthusiasm for the Residency Training program and the quality of her work was acknowledged by residents in 2006 when they presented her with the 2006 Golden Apple Award. She is a highly qualified administrator that has built strong relationships with residents, faculty and staff.