You are invited to participate in an intensive training and year-long collaboration.

AF-CBT is an evidence based, family-centered treatment designed to address family conflict, coercion and hostility, aggression, and child physical abuse. AF-CBT teaches individual and family skills to strengthen relationships and safety routines using coordinated and structured training methods. This model seeks to help family members improve their communication and problem solving skills, help parents to effectively support and discipline their children, and help children manage difficult emotions and respond more competently to interpersonal challenges.

A session guide and family-friendly handouts are included for training participants, as well as a 1-day advanced training session to be held approximately 6 months after the initial training session. During the consultation period, our trainer will provide detailed feedback on submitted session audio and will also be available for Q&A by e-mail. You will also get access to the trainee section of the AF-CBT website, where you can take advantage of useful features including assessment scoring applications, extra handouts, and other helpful tools.

**TARGET AUDIENCE**
Practitioners or supervisors with master's degree in a relevant field who work with children, adolescents, and their caregivers.

**CONTACT US**
For information or assistance, please call (412) 246-5887. For more information about AF-CBT, visit us online at www.afcbt.org.

**COST**
The cost of this training is $1,500 per participant. Sign up before September 1, 2015 for a $200 “Early Bird” discount!

**SIGN UP TODAY**
Head to www.afcbt.org/training/sign-up-for-training. Complete a training request form and enter survey code 2015PGHFALL.

**PRESENTER**
Training will be presented by Barbara Baumann, PhD. Dr. Baumann is a University of Pittsburgh faculty member and experienced AF-CBT trainer, with over 25 completed trainings.