6th Annual Conference on ADHD and Executive Function
(MD13)

September 8, 2017
The University Club
123 University Place
Pittsburgh, PA 15260

Course Directors:
Aaron Jennings, LCSW
Brooke Molina, PhD
John Carter Brooks, MD

Recovery and Wellness: The Journey Starts Here
A Joint Effort Sponsored by Community Care Behavioral Health Organization
and Western Psychiatric Institute and Clinic of UPMC
Introduction

The ADHD Across the Lifespan Clinic of WPIC is proud to present the sixth annual ADHD and Executive Function conference. The keynote presentation this year will be given by Dr. Stephen Hinshaw. Dr. Hinshaw is a Professor of Psychology at the University of California, Berkeley, where he was Department Chair from 2004-2011, and Vice Chair for Psychology in the Department of Psychiatry at the University of California, San Francisco.

Dr. Hinshaw’s presentation will be on the topics of diagnosis and treatment of ADHD across the lifespan. In part 1, Dr. Hinshaw will cover ADHD controversies and facts, its interactive causes and underlying mechanisms, its development over time, and girls and women with ADHD. In part 2, Dr. Hinshaw will continue the discussion of rising rates of diagnosis, treatment basics, and stigma (in general and related to ADHD in particular).

The afternoon will consist of presentations on topics for professionals who work with individuals with ADHD. This will consist of advanced practice discussion of diagnosis of ADHD in different populations and best practice treatment modalities that are evidence informed. Each session will be available for anyone to attend but will concentrate on issues related to the specific group. Participants should leave the conference with a greater understanding of the multitude of issues surrounding the diagnosis and treatment of ADHD across the lifespan.

Who Should Attend

The conference is designed to present the latest research and clinical knowledge regarding ADHD to a professional audience: psychiatrists and other mental health clinicians, including nurses, social workers, educators/teachers, and psychologists; service coordinators, researchers, mental health policy administrators and others who intend to keep current regarding etiology, treatment, and research related to ADHD across the lifespan.

Objectives

At the conclusion of the program, participants should be able to:

- Describe the controversies and facts associated with diagnosis and treatment of ADHD across the lifespan
- Discuss diagnostic challenges associated with girls and women with ADHD
- Identify treatment basics for addressing the needs of individuals with ADHD
- Articulate the impact of stigma in mental health in general and as it applies to ADHD specifically
COURSE DIRECTORS

Aaron Jennings, LCSW
Program Manager
ADHD Across the Lifespan Program and
Center for Children and Families
Western Psychiatric Institute and Clinic

Brooke Molina, PhD
Professor of Psychiatry, Psychology and Pediatrics
University of Pittsburgh
Licensed Clinical Psychologist
Director, Youth and Family Research Program
Director of Clinical Research, ADHD Across the Lifespan Clinic

John Carter Brooks, MD
Assistant Professor of Psychiatry
University of Pittsburgh School of Medicine
Medical Director, ADHD Across the Lifespan Clinic
Western Psychiatric Institute and Clinic

KEYNOTE SPEAKER
Stephen Hinshaw, PhD
Professor of Psychology
University of California, Berkeley
Vice Chair of Psychology
Department of Psychiatry
University of California, San Francisco

Dr. Hinshaw is a Professor of Psychology at the University of California, Berkeley, where he was Department Chair from 2004-2011, and Vice Chair for Psychology in the Department of Psychiatry at the University of California, San Francisco. He received his B.A. from Harvard (summa cum laude) and his doctorate in clinical psychology from UCLA. His work focuses on developmental psychopathology, clinical interventions, and mental illness stigma, with specialization in ADHD.

He has directed summer research programs and conducted longitudinal studies for boys and (more recently) for girls with ADHD and externalizing disorders, having received over $18 million in NIH funding. He was Principal Investigator of the Berkeley site for the Multimodal Treatment Study of Children with ADHD (MTA).

Dr. Hinshaw has authored over 300 publications plus 14 books, including The Mark of Shame: Stigma of Mental Illness and an Agenda for Change (Oxford, 2007), The Triple Bind: Saving our Teenage Girls from Today’s Pressures (Random House, 2009), and (with R. Scheffler) The ADHD Explosion: Myths, Medications, Money, and Today’s Push for Performance (Oxford, 2014). Prof. Hinshaw’s most recent book, written with Katherine Ellison, is ADHD: What Everyone Needs to Know (Oxford, 2015). He is editor of Psychological Bulletin, the most cited journal in psychology, and is a fellow of the Association for Psychological Science, the American Psychological Association, and the American Association for the Advancement of Science (AAAS).

He received California’s Distinguished Scientific Contribution in Psychology Award and Berkeley’s Distinguished Teaching Award. His 24-lecture series for the Teaching Company, “Origins of the Human Mind,” was released in 2010. He also received the Distinguished Scientist Award from the Society for a Science of Clinical Psychology in 2015.

More recently, Prof. Hinshaw received the 2016 Association for Psychological Science’s James McKeen Cattell Fellow Award. The Cattell Award is the highest honor conferred by APS. It honors distinguished APS members for a lifetime of outstanding contributions to applied Psychological research.
FACULTY

Lindsey Herman, LCSW  
Clinical Supervisor  
Center for Children and Families and  
ADHD Across the Lifespan Program  
Western Psychiatric Institute and Clinic

Sarah Johnson, LCSW  
Clinician  
Center for Children and Families and  
ADHD Across the Lifespan Program  
Western Psychiatric Institute and Clinic

Heather Joseph, DO  
Postdoctoral Research Scholar  
Clinical Assistant Professor of Psychiatry  
University of Pittsburgh School of Medicine  
Western Psychiatric Institute and Clinic

Traci Kennedy, PhD  
Postdoctoral Associate  
University of Pittsburgh  
Licensed Clinical Psychologist  
Youth and Family Research Program

Heidi Kipp, MEd, LPC  
Clinical Coordinator  
ADD Program  
Youth and Family Research Program  
Western Psychiatric Institute and Clinic

John Mitchell, PhD  
Assistant Professor  
Duke ADHD Program  
Department of Psychiatry and Behavioral Sciences  
Duke University Medical Center

Abigail Schlesinger, MD  
Assistant Professor of Psychiatry  
University of Pittsburgh School of Medicine  
Western Psychiatric Institute and Clinic

Greg Slomka, PhD  
Developmental Neuropsychologist  
Center for Children and Families  
Western Psychiatric Institute and Clinic

All individuals in a position to control the content of this education activity are required to disclose all relevant financial relationships with any proprietary entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients.

The University of Pittsburgh is an affirmative action, equal opportunity institution.
SCHEDULE

8:00 a.m.  Registration

8:45 a.m.  Introduction and Background  
Aaron Jennings, LCSW, Brooke Molina, PhD, & John Carter Brooks, MD

9:00 a.m.  KEYNOTE Presentation Part 1: ADHD controversies and facts, its interactive causes and underlying mechanisms, its development over time, and girls and women with ADHD  
Stephen Hinshaw, PhD

10 :15a.m.  Short Break

10 :30a.m.  KEYNOTE Presentation Part 2: Rising rates of diagnosis, treatment basics, and stigma  
Stephen Hinshaw, PhD

12 :00 p.m.  LUNCH (on your own)

1:00 p.m.  Breakout Session 1:

1. Using Neuropsychological Testing to Glean an ADHD Diagnosis  
Greg Slomka, PhD

2. Diagnosis of ADHD in Adults with Complex Presentations: Challenges, Controversies, and Tools  
Traci Kennedy, PhD & Aaron Jennings, LCSW

2:30 p.m.  Break – Refreshments

3:00 p.m.  Breakout Session 2:

3. Medical Practice: Treatment of Complex ADHD in Primary Care and Mental Health Clinic Settings  
John Carter Brooks, MD, Heather Joseph, DO, Abbigail Schlesinger, MD

4. Best Practice Treatment for Transition Age Children and Adolescents: COPE Model and ADHD Skills Training  
Lindsey Herman, LCSW & Heidi Kipp, MEd, LPC

5. Best Practice Treatment for Adults: Mindfulness & Adult Skills Groups  
John Mitchell, PhD & Sarah Johnson, LCSW

4:30 p.m.  Adjournment
Continuing Education Credit

Physicians
The University of Pittsburgh School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Pittsburgh School of Medicine designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Psychologists
Western Psychiatric Institute and Clinic is approved by the American Psychological Association to offer continuing education for psychologists. Western Psychiatric Institute and Clinic maintains responsibility for this program and its content. This program is being offered for 6.5 continuing education credits.

Certified Alcohol and Drug Counselors/Certified Co-Occurring Disorders Professionals: CADC/CCDP
The Office of Education and Regional Programming, Western Psychiatric Institute and Clinic is certified by the Pennsylvania Certification Board (PCB) to provide Certified Alcohol and Drug Counselor (CADC) and Certified Co-occurring Disorders Professional (CCDP) continuing education credits. This program is being offered for 6.5 continuing education credits.

Counselors
Western Psychiatric Institute and Clinic has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5059. Programs that do not qualify for NBCC credit are clearly identified. Western Psychiatric Institute and Clinic is solely responsible for all aspects of this program. This program is being offered for 6.5 continuing education hours.

Certified Psychiatric Rehabilitation Practitioners: CPRP
A total of 6.5 credit hours can be applied to training hours for the Certified Psychiatric Rehabilitation Practitioner (CPRP).

Certified Rehabilitation Counselors: CRC
Western Psychiatric Institute and Clinic is approved by the Commission on Rehabilitation Counselor Certification (CRCC) and accredited by the National Commission for Certifying Agencies to provide continuing education credits to certified rehabilitation counselors (CRC). WPIC adheres to the CRCC Continuing Education guidelines; 6.5 hours have been approved for participation in this conference.

Licensed/Clinical Social Workers, Licensed Professional Counselors, Licensed Marriage and Family Therapists: LSW/LCSW/LPC/LMFT
This program is offered for 6.5 hours of social work continuing education through co-sponsorship of the University of Pittsburgh’s School of Social Work, a Council on Social Work Education-accredited school and, therefore, a PA pre-approved provider of social work continuing education. These credit hours satisfy requirements for LSW/LCSW, LPC and LMFT biennial license renewal. For information on social work continuing education call (412) 624-3711.

Act 48
Western Psychiatric Institute and Clinic is recognized by the Pennsylvania Department of Education to offer continuing education credits under Act 48 guidelines. WPIC adheres to the Act 48 Continuing Education Guidelines.

Other Healthcare Professionals
Nurses and other health care professionals are awarded 0.65 Continuing Education Units (CEU's). One CEU is equal to 10 contact hours. Nurses: For attending this program you will receive a Certificate of Attendance confirming 6.5 hours of continuing education. These hours may be considered eligible for completing the 30 hours of continuing education required for biannual nursing re-licensure in Pennsylvania. Peer Specialists: This program fulfills requirements for Certified Peer Specialist continuing education.
Registration Information

Fee Schedule (Please circle the appropriate fee)

<table>
<thead>
<tr>
<th></th>
<th>Before 8/1/17</th>
<th>After 8/1/17</th>
</tr>
</thead>
<tbody>
<tr>
<td>Physicians</td>
<td>$175</td>
<td>$200</td>
</tr>
<tr>
<td>UPMC Affiliated Physicians</td>
<td>$150</td>
<td>$175</td>
</tr>
<tr>
<td>Other Professionals</td>
<td>$125</td>
<td>$150</td>
</tr>
<tr>
<td>UPMC/WPIC Affiliated Professionals</td>
<td>$100</td>
<td>$125</td>
</tr>
<tr>
<td>Residents/ Medical Students</td>
<td>$50</td>
<td>$50</td>
</tr>
</tbody>
</table>

Tuition includes:
- All registration and conference materials
- Refreshments
- Continuing education credits

Lunch Option – A lunch option will be available and can be purchased at the door if desired.

Full tuition must accompany the form. A $25 administrative fee will be deducted from all refunds for cancellations. No refunds can be issued once the program has begun. Please return the registration form and tuition by August 1 to take advantage of the lowest tuition rate.

Please make your check payable to OERP/WPIC and send it with the registration form to:
Nancy Mundy
OERP/WPIC
Champion Commons Building, Room 322
3811 O’Hara Street
Pittsburgh, PA 15213

Telephone: 412-204-9090
FAX: 412-204-9110
E-MAIL: mundynl@upmc.edu
www.wpic.pitt.edu/oerp

We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us better serve you. Please notify us of your needs at least two weeks in advance of the program by calling Nancy Mundy at 412-204-9090.

Note: There is limited handicapped parking on site. All others are encouraged to find parking in the Oakland area. There is a pay garage adjacent to the University Club at Soldiers and Sailors Memorial Hall as well as street parking where it is noted.
Registration Form  
ADHD and Executive Function (MD13) 
Friday, September 8, 2017

Please type or print; photocopy for additional registrants.
Register by August 1, 2017 for lowest tuition rate.

Social Security Number (Last five digits only): __-__-______-______
First Name: ___________________________ Last Name: ___________________________
Degree(s) to be noted on name badge (e.g. MD, PhD) ___________________________
Institutional Affiliation: ___________________________
Address: ___________________________
Address 2: ___________________________
City: __________________ State: _______ Zip: __________
County: ___________________________
Day Telephone: ___________________________
E-Mail Address: ___________________________

Please indicate which workshops you plan to attend (Please circle):

Breakout Session I: 1 2

Breakout Session II: 3 4 5

For Continuing Education purposes, please check if you are:

□ CADC/CCDP  □ CPRP  □ CRC  □ NCC Counselor  □ Educator/Act 48
□ Nurse  □ Psychologist  □ Physician/MD  □ Social Worker (LSW/LCSW/LPC/LMFT)
□ Certified Peer Specialist

Method of Payment:
Total $______________

□ Check (Payable to OERP/WPIC)  Check#______________
□ VISA  □ MasterCard  □ AMEX  □ Discover  □ UPMC Account

To be completed by Credit Card Users ONLY:
Card Number: ___________________________
Expiration Date: ___________________________
Signature: ___________________________
Security Code (three digits in back of card): ___________________________

To be completed for UPMC account transfers ONLY:
Business Unit: ___________________________
Account #: ___________________________
Administrator's Name: ___________________________
Administrator's Signature: ___________________________

Please send your fee with this form to:
Attn: Nancy Mundy
OERP/WPIC
3811 O'Hara Street
Champion Commons Building, Room 322
Pittsburgh, Pa 15213
Fax: 412-204-9110
Telephone: 412-204-9090
E-MAIL: mundynl@upmc.edu
www.wpic.pitt.edu/oerp