

Western Psychiatric Institute and Clinic of UPMC
Comprehensive Recovery Services

Mental Health Conference Planning

University of Pittsburgh School of Medicine
Center for Continuing Education in the Health Sciences

Community Care Behavioral Health Organization

29th Annual Pittsburgh Schizophrenia Conference

November 30, 2012

Sheraton Station Square
Pittsburgh, Pennsylvania

Course Director:

KN Roy Chengappa, MD

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Introduction

The Pittsburgh Schizophrenia Conference is an annual meeting at which the advances in schizophrenia research are reviewed by leading experts in the field. This year's meeting will cover a range of topics, including wellness and the role of antioxidants and Omega-3 Fatty Acids in the biology and treatment of schizophrenia. Presentations by the faculty awarded the 2012 Pittsburgh Schizophrenia Conference Awards and the Gerard Hogarty Research Excellence Prize will also take place during the meeting. There will also be a panel addressing issues related to physical wellness and quality of life in persons with serious mental illnesses.

Who Should Attend

The conference is designed to disseminate the latest research findings to a wide audience: psychiatrists and other mental health clinicians, including nurses, social workers, psychologists, service coordinators, researchers, patients and their relatives, mental health policy administrators and others who intend to keep current regarding etiologic and treatment research in schizophrenia.

Objectives

At the conclusion of the program, participants should be able to:

- Describe the potential for adjunctive use of Omega-3 Fatty Acids or antioxidants in the treatment of persons with schizophrenia
- Access wellness resources and apply wellness strategies designed to improve physical health and quality of life in people living with a diagnosis of schizophrenia or related disorders.
- Identify when it may be beneficial to employ both pharmacologic and behavioral treatments to improve cognition in persons living with a diagnosis of schizophrenia or related disorders.

Course Director:

K.N. Roy Chengappa, MD

Professor of Psychiatry
University of Pittsburgh School of Medicine
Service Chief, Comprehensive Recovery Services
Western Psychiatric Institute and Clinic
Pittsburgh, Pennsylvania

Faculty:

Richard Keefe, PhD

Professor of Psychiatry and Behavioral Sciences
Duke University Medical Center
Durham, North Carolina

Ravinder Reddy, MD

Associate Professor of Psychiatry
University of Pittsburgh School of Medicine
Western Psychiatric Institute and Clinic

James M. Schuster, MD, MBA

Chief Medical Officer
Community Care Behavioral Health Organization
Pittsburgh, Pennsylvania

Peggy Swarbrick, PhD, OT, CPRP, FAOTA

Director, Institute for Wellness and Recovery Initiatives
Collaborative Support Programs of New Jersey and
University of Medicine and Dentistry of New Jersey
School of Health Related Professions
Department of Psychiatric Rehabilitation and Counseling Professions
Freehold, New Jersey

Jeffrey K. Yao, PhD, FACB

VA Senior Research Career Scientist and
Director of Neurochemistry and Psychopharmacology Laboratory
Research Professor of Psychiatry and Pharmaceutical Sciences
University of Pittsburgh School of Medicine and Pharmacy
VA Pittsburgh Healthcare System
Pittsburgh, Pennsylvania

Panelists:

Jaspreet S. Brar, MD, MPH

Assistant Professor of Psychiatry
University of Pittsburgh School of Medicine

Pittsburgh, Pennsylvania

Brenda Freeman, MD

Consulting Psychiatrist

Pittsburgh Mercy Family Health Center

Part of the Pittsburgh Mercy Health System

Pittsburgh, Pennsylvania

Meg Park, MDiv, Certified Peer Specialist

Recovery Specialist

Allegheny County Office of Behavioral Health

Pittsburgh, Pennsylvania

In accordance with Accreditation Council for Continuing Medical Education requirements on disclosure, information about relationships of presenters with commercial interests (if any) will be included in materials which will be distributed at the time of the conference.

Schedule

- 7:30 a.m. Registration**
- 8:30 a.m. Background**
K.N. Roy Chengappa, MD
- 8:45 a.m. First 2012 Pittsburgh Schizophrenia Conference Award Lecture:
Oxidative Stress, Omega-3 Fatty Acids and Schizophrenia:
An Integrative View**
Jeffrey K. Yao, PhD, FACB
- 9:30 a.m. Q & A**
- 9:40 a.m. Second 2012 Pittsburgh Schizophrenia Conference Award Lecture:
Use of Antioxidants and Omega-3 Fatty Acids for Schizophrenia: State of the Evidence**
Ravinder Reddy, MD
- 10:20 a.m. Q & A**
- 10:30 a.m. Break**
- 11:00 a.m. Physical Wellness: Key for Recovery**
Peggy Swarbrick, PhD, OT, CPRP, FAOTA
- 12:00 p.m. Q & A**
- 12:15 p.m. Lunch (on your own)**
- 1:30 p.m. The Gerard E. Hogarty Excellence in Schizophrenia Research Memorial Award**

Presentation to Richard Keefe, PhD.
- 1:45 p.m. Gerard E. Hogarty Excellence in Schizophrenia Research Memorial Lecture:
Pharmacologic and Behavioral Treatments of Cognitive Impairment before and after
Psychosis**
Richard Keefe, PhD
- 2:30 p.m. Q & A**
- 2:45 p.m. Break**
- 3:00 p.m. Panel: Creating Wellness Plans and Programs**
Moderator: **James M. Schuster, MD, MBA**
Panelists: **Jaspreet S. Brar, MD, MPH**
Brenda Freeman, MD
Meg Park, MDiv, Certified Peer Specialist
- 4:00 p.m. Q & A**
- 4:15 p.m. Closing Remarks**
- 4:30 p.m. Adjournment**

Continuing Education Credit

Physicians

The University of Pittsburgh School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Pittsburgh School of Medicine designates this live activity for a maximum of 6.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Psychologists

Western Psychiatric Institute and Clinic is approved by the American Psychological Association to offer continuing education for psychologists. Western Psychiatric Institute and Clinic maintains responsibility for this program and its content. This program is being offered for 6.0 continuing education credits.

Certified Alcohol and Drug Counselors/Certified Co-Occurring Disorders Professionals: CADC/CCDP

The Office of Education and Regional Programming, Western Psychiatric Institute and Clinic is certified by the Pennsylvania Certification Board (PCB) to provide Certified Alcohol and Drug Counselor (CADC) and Certified Co-occurring Disorders Professional (CCDP) continuing education credits. This program is being offered for 6.0 continuing education credits.

Counselors

Western Psychiatric Institute and Clinic is recognized by the National Board for Certified Counselors (NBCC) to offer continuing education for National Certified Counselors. Western Psychiatric Institute and Clinic adheres to the NBCC Continuing Education Guidelines. This program is being offered for 6.0 continuing education credits.

Certified Psychiatric Rehabilitation Practitioners: CPRP

A total of 6.0 credit hours can be applied to training hours for the Certified Psychiatric Rehabilitation Practitioner (CPRP).

Certified Rehabilitation Counselors: CRC

Western Psychiatric Institute and Clinic is approved by the Commission on Rehabilitation Counselor Certification (CRCC) and accredited by the National Commission for Certifying Agencies to provide continuing education credits to certified rehabilitation counselors (CRC). WPIC adheres to the CRCC Continuing Education guidelines; 6.0 hours have been approved for participation in this conference.

Licensed/Clinical Social Workers, Licensed Professional Counselors, Licensed Marriage and Family Therapists: LSW/LCSW/LPC/LMFT

This program is offered for 6.0 hours of social work continuing education through co-sponsorship of the University of Pittsburgh's School of Social Work, a Council on Social Work Education-accredited school and, therefore, a PA pre-approved provider of social work continuing education. These credit hours satisfy requirements for LSW/LCSW, LPC and LMFT biennial license renewal. For information on social work continuing education call (412) 624-3711.

Act 48

Western Psychiatric Institute and Clinic is recognized by the Pennsylvania Department of Education to offer continuing education credits under Act 48 guidelines. WPIC adheres to the Act 48 Continuing Education Guidelines.

Other Healthcare Professionals

Nurses and other health care professionals are awarded 0.6 Continuing Education Units (CEU's). One CEU is equal to 10 contact hours. **Nurses:** For attending this program you will receive a Certificate of Attendance confirming 6 hours of continuing education. These hours may be considered eligible for completing the 30

hours of continuing education required for biannual nursing re-licensure in Pennsylvania. **Peer Specialists:** This program fulfills requirements for Certified Peer Specialist continuing education.

Location

Sheraton Hotel at Station Square

300 West Station Square Drive
Pittsburgh, Pa 15219
Telephone: 412- 261-2000/1-800-255-7488

A block of rooms has been reserved at the Sheraton Station Square where the conference will be held. The room rate is \$179, plus tax, for a single or a double room. When calling for reservations, please identify yourself as being with the "29th Annual Pittsburgh Schizophrenia Conference" to benefit from these reduced rates. **Room availability cannot be guaranteed after Friday, November 16, 2012.**

Registration Information

Fee Schedule (Please circle the appropriate fee)

	<u>Before 11/16/12</u>	<u>After 11/16/12</u>
Physicians and allied health professionals	\$150	\$175
UPMC, WPIC, PA state hospital and VA employees	\$80	\$100
Students	\$35	\$45
Family Members	\$25	\$30
Psychiatry Residents	no charge	no charge
Consumers	no charge	no charge

Tuition includes:

- * All registration and conference materials
- * Refreshments
- * Continuing education credits

Full tuition must accompany the form. A \$25 administrative fee will be deducted from all refunds for cancellations. No refunds can be issued once the program has begun. Please return the registration form and tuition by **November 16, 2012** to take advantage of the lowest tuition rate.

Please make your check payable to **OERP/WPIC** and send it with the registration form to:

Nancy Mundy

OERP/WPIC
4601 Baum Boulevard Building, Room 166
3811 O'Hara Street
Pittsburgh, PA 15213

Telephone: 412-802-6900
FAX: 412-802-6910
E-MAIL: mundynl@upmc.edu
www.wpic.pitt.edu/oerp



We encourage participation by all individuals. If you have a disability, advance notification of any

special needs will help us better serve you. Please notify us of your needs at least **two** weeks in advance of the program by calling Nancy Mundy at 412-802-6900.

Registration Form

29th Annual Pittsburgh Schizophrenia Conference (MC66)

Friday, November 30, 2012

Please type or print; photocopy for additional registrants.

Register by November 16, 2012 for lowest tuition rate.

Social Security Number (Last five digits only):		__ -- __	
First Name:		Last Name:	
Degree(s) to be noted on name badge (e.g. MD, PhD)			
Institutional Affiliation:			
Address:			
Address 2:			
City:		State:	
		Zip	
County:			
Day Telephone:			
E-Mail Address:			

For Continuing Education purposes, please check if you are:

- CADC/CCDP CPRP CRC NBCC Counselor Educator/Act 48
 Nurse Psychologist Physician/MD Social Worker (LSW/LCSW/LPC/LMFT)

Method of Payment:

Tuition amount \$ _____

Check (Payable to OERP/WPIC) Check# _____

VISA MasterCard AMEX Discover UPMC Account

To be completed by Credit Card Users ONLY:

Card Number:

Expiration Date:

Signature:

Security Code (three digits in back of card):

To be completed for UPMC account transfers ONLY:

Business Unit:

Account #:

Administrator's Name:

Administrator's Signature:

Please send your fee with this form to:

Attn: Nancy Mundy

OERP/WPIC

3811 O'Hara Street

4601 Baum Boulevard Building, Room 166

Pittsburgh, Pa 15213

E-MAIL: mundynl@upmc.edu

www.wpic.pitt.edu/oerp

Fax: 412-802-6910

Telephone: 412-802-6900

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Western Psychiatric Institute and Clinic of UPMC

Office of Education and Regional Programming

Western Psychiatric Institute and Clinic

3811 O'Hara Street

4601 Baum Building, Room 166

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